# ANKITA MAGAR

# Lidcombe NSW 2141/ 0452647519/ Ankita.thapa2074@gmail.com

# Objective

I am looking for a employment for the post of Assistant in Nursing. I wish to have my career which employs my skills and expertise fully to join the organization which values enthusiasm, professionalism, and commitment to perform significant responsibilities and opportunities.

### Trainings

- First Aid
- CPR

# **Certificates:**

- Police Certificates
- First Aid and CPR
- Certificate III Individual Support (Ageing/Disability)

#### Personal Attributes:

- Problem-solving and multi-tasking skills
- > Strong work ethics, exceptionally reliable and hardworking
- > Excellent organisational, prioritisation, and time management skills
- Good communication, interpersonal.
- > Ability to work well in a team Independently with minimal supervision

#### Professional skills:

- > Compassionate and empathetic approach to caregiving.
- > Proficient in providing personal care assistance, including bathing, dressing, and grooming.
- Ability to support individuals with mobility challenges, including using mobility aids and transferring techniques.

- > Strong problem-solving abilities to address unexpected situations and challenges effectively.
- > Patient and calm demeanour to provide reassurance and emotional support to clients.
- Knowledge of ageing and disability rights and advocacy to ensure client's needs are met.

#### Experiences:

#### Blacktown Terrace Care Community (Opal Health Care), Blacktown, (03-03-2025-21-03-2025)

- > helped long-term care facility nursing personnel with patient care tasks.
- > as needed assisted them with eating, moving, and walking.
- > kept Residents living quarters tidy and orderly while also seeing to their comfort.
- > recorded observations and offered suggestions for meetings on care planning.
- > helped put residents' educational and recreational activities into action.

#### Availability:

> Any time

#### **References:**

Niranjan Prasai Training Manager Oscar Training Centre 0451995201 Prasainiranjan2014@gmail.com