

# Ankita Timilsina

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## **Objective:**

Reliable, dedicated, honest and very capable carer with a friendly attitude, strong desire to look out for others and good communication skills. I am self-driven, hardworking, and dedicated to giving everyone the particular attention and medical attention they need.

I am looking for a full-time/Part time employment in this sector Aged care. I wish to have my career which employs my skills and expertise fully to join the organization which values enthusiasm, professionalism, and commitment to perform significant responsibilities and opportunities. I am considering applying for a job as a aged care worker since I really believe that I can do a good job in this area.

## **License:**

- Police Check

## **Training:**

- Fire training
- Manual handling
- PPE donning and doffing
- Optimal and safe Medication Administration (OSMA)

## **EXPERIENCE**

- 120 hours of Work placement experience, UPA of NSW Ltd.
- 22/08/2023 to present, UPA of NSW Ltd.

## **Skills**

- Taking care of and meeting the requirements of patient
- Ensure a clean and safe working environment by making beds, proper individual hygiene care and safety.
- Assist with meal preparation
- Using safe manual handling techniques.
- Assuming legal responsibility for the health and safety of patient
- Establish polite and wholesome interactions with patient
- Documenting accurate information
- Privacy
- Complete every task under the supervision of RN
- Monitoring vital signs
- Implementing all health protocols

## **Education:**

Cert III in individual Support

RPL Qualification Sydney NSW 2000

**Availability:**

Full time

**Visa Conditions:** Temporary resident, 485 visa

**References:**

Provided upon request