



anjilakadel16@gmail.com



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62-72 Queen Street, NSW 2144

EDUCATION

Certificate III, Individual Support
Kingsway Vocational Training Pty. Ltd., Sydney, NSW
August 2023

PCL Nursing, Nursing
Manamohan Institute of Health Science, Kathmandu
February 2019

LANGUAGES

English

Full Professional

ANJILA KADEL

PROFESSIONAL SUMMARY

Compassionate Certified Nursing Assistant diligent about serving patient's medical and personal needs. Focused on delivering high-quality care to individuals from diverse backgrounds. Dedicated to protecting patient safety and promoting satisfaction with facility services. Kind and energetic professional with outstanding bedside manner and charting abilities. Energetic Healthcare professional dedicated to providing top-quality, patient-centered care. Highly skilled in addressing acute and chronic conditions. Resourceful navigation of complex healthcare environments to optimize patient care. Certified Nursing Assistant with experience serving chronically ill patients, including assisting with daily living activities and household tasks. Patient and highly compassionate. Skilled at operating within long-term care environments or outpatient centers. Highly motivated employee with desire to take on new challenges. Strong worth ethic, adaptability and exceptional interpersonal skills. Adept at working effectively unsupervised and quickly mastering new skills. Hardworking employee with customer service, multitasking and time management abilities. Devoted to giving every customer a positive and memorable experience. Responsible and motivated student ready to apply education in the workplace. Offers excellent technical abilities with software and applications, ability to handle challenging work, and excellent time management skills.

SKILLS

- Patient Relations
- Infection Control
- ADL Support
- Medication Administration
- Patient Assessments
- Privacy and Confidentiality
- Electronic Charting
- Patient Lifting
- Compassionate
- Collecting Specimens
- Inpatient Care
- Quick Problem Solver
- Mobility Assistance
- Direct Patient Care
- Patient-Focused Care
- Assisting With Personal Grooming
- Collecting Vital Sign

WORK HISTORY

February 2024 - Current

Thompson Health Care - Assistant in Nursing, 45 Hillview St, Woy Woy NSW 2256

- Conducted routine checks on patient vitals, blood pressure, blood sugar and heart rate. Provided basic patient care by bathing and grooming patients, changing bedding and assisting in feeding activities.

- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Assisted over 135 residents with daily needs, personal hygiene, dressing and facility transfers.
- Used clinical skills to conduct lab draws, assess vital signs, complete glucose evaluations and treat pre-and post-operation patients.
- Played games with patients to boost mood, improve memory and provide light entertainment. Organized games and other activities to engage clients and offer mental stimulation
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- Organized and maintained filing systems for documents and records..

September 2023 - Current

Liberty Pace Staffing - Assistant in Nursing, 260 Church St, Parramatta NSW 2150

- Enhanced patient care by effectively monitoring vital signs and accurately documenting medical information.
- Improved patient satisfaction by providing compassionate assistance with daily activities, such as bathing, dressing, and feeding.
- Assisted nursing staff with wound care procedures for faster healing and reduced infection rates.
- Collaborated with interdisciplinary healthcare teams to develop individualized care plans for optimal patient outcomes.
- Promoted a safe and clean environment by maintaining strict adherence to infection control protocols and sanitation standards.
- Facilitated efficient patient transfers, reducing risk of injury through proper body mechanics and use of assistive devices.
- Increased patient engagement by providing emotional support, companionship, and encouragement during challenging times.
- Proactively identified changes in patient condition or behavior, alerting appropriate healthcare personnel for prompt intervention when necessary.
- Participated in regular staff meetings to discuss emerging issues within the unit, contributing ideas for quality improvement initiatives.
- Checked patient vitals such as temperature, blood pressure, and blood sugar levels.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.