

# Anisha Pathak Prasai

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## PROFESSIONAL SUMMARY

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I completed my Masters in Environment Management back in 2016. I came Australia on February 2023. I realized that the health sector is one of the sectors with indefinite opportunities. I have seen vast career opportunities in health care and aged-care sectors. I have worked as a disability support worker and have recently started as an Assistant in Nursing as well. I have completed Certificate IV in Ageing support. I am willing to prepare myself for a successful career in this industry looking for part time or casual job opportunities.

## WORK EXPERIENCE

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### Mark Moran Aged Care Services, Little Bay, NSW

March 2024 – Present

#### *Assistant in Nursing*

- Personal care and assistance
- Supporting residents in daily living
- Use all equipment's correctly and follow the policy and procedure.
- Contribute to maintain safe working environment.
- Report to RN and DON, relating to the changes in resident care.
- Follow the infectious control practice whereas applicable.

### Hireup, NSW

September 2023 - Present

#### *Disability Support Worker*

- Personal Care
- In-home Care
- Behavior Support
- Mental health Support

### Thompson Health Care, Oran Park, NSW

November 2023 – December 2023

#### *Age Care Staff-Placement*

- Providing personal care and assistance
- Monitoring and responding to the health and well-being of the residents
- Administering medications
- Ensuring safe and well maintained and supportive environment
- Organizing and facilitating social and outdoor activities

## EDUCATION

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### School of Environmental Science and Management, Kathmandu, Nepal

*Degree: Master's in Environmental Management*

*Graduated: March 2016*

*CGPA: 3.77*

#### **Major Areas of study**

- Environmental Engineering
- Solid Waste Management
- Environmental Resource and Sustainable Development

### School of Environmental Science and Management, Kathmandu, Nepal

*Degree: Bachelor's in Environmental Management*

*Graduated: October 2012*

*CGPA: 3.08*

#### **Major Areas of study**

- Environmental Engineering
- Solid Waste Management
- Environmental Resource and Sustainable Development

## **SKILLS**

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- Microsoft Office Package.
- Excellent communication skills
- Lead to environmental projects.
- Data analysis and data interpretation
- Monitoring and evaluation of projects
- Climate changes strategy
- Plan and policy development

## **TRAINING AND PLACEMENT**

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- Certificate IV in Ageing Support
- Manual Handling Support
- Health & Medication
- Infection Control
- Positive Behavior Support

## **ACHIEVEMENTS**

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- Training workshop of strategic planning organized by ICA, Nepal.
- Got a grant from Department of Environment for completion of Thesis “climate change impact on Food Security: A case study of Sankharapur Municipality, Kathmandu, Nepal.
- Water Quality and safe drinking options’ organized by ENPHO with collaboration with CAWST
- Got an opportunity to work in ‘Prime Minister Employment Program’ organized by Government of Nepal, Ministry of Labor Employment and Social Security.