



# Anais Saunders

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14 Honeysuckle Street, Umina Beach, NSW 2257

## PROFESSIONAL SUMMARY

I have worked in various customer service roles throughout my career, and am currently working as an Assistant in Nursing (Aged Care)

I am a compassionate and committed team player, and enjoy caring and supporting those who are no longer able to care or advocate for themselves.

## SKILLS

- Strong multi-tasking skills
- High level keyboard skills
- Providing personal care to Dementia patients
- Self-motivated & organised
- Empathetic and compassionate
- Excellent communication and engagement skills

## WORK HISTORY

### ASSISTANT IN NURSING (DEMENTIA CARE) The Orchards | Lisarow, NSW

12/2021 to CURRENT

- Showering, bathing, sponging, repositioning, pressure area and skin care including hair washing and shaving
- Document all patient responses to direct care/assistance given, include in progress notes and clinical records in accordance with the plan of care and organisational protocols
- Observe patients physical and psychological status and responses during the course of interactions within scope of knowledge, and report changes to the team leader
- Oral and denture care
- Assistance with toileting and continence aids
- Support mobilisation as per plan of care
- Assistance with mobility aids
- Assist with positioning, posture maintenance and comfort
- Observe and report patient completion of and performance of tasks in line with care plan set up
- Assistance with patient meals and fluids
- Application of anti thromboembolic stockings

## EDUCATION

- Monitor the behaviour of their clients and notice any uncharacteristic changes to help identify any risks

### **BARISTA/CREW MEMBER**

*2017 to 2021*

**McDonalds | Woy Woy, NSW**

- Providing exceptional customer service in both McCafe, Counter and Drive-thru services in a fast-paced environment
- Preparation of food and beverages whilst practicing proper hygiene and cleanliness
- Completing tasks as directed by the Manager

### **BRISBANE WATER SECONDARY COLLEGE**

**2015 TO 2021**

**UMINA CAMPUS AND WOY WOY CAMPUS**

**HIGHER SCHOOL CERTIFICATE**

### **TAFE NSW**

**2020 TO 2021**

**CERTIFICATE III IN AGED AND DISABILITY CARE**