

# Amy Downs

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Claremont Meadows NSW 2747  
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## Education/Qualifications

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- Certificate III Aged Care
- First Aid

## Skills & Professional Attributes

- Excellent communication and people skills
- Experience working in a high paced environment
- Team player
- Excellent time management skills

## Availability

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- Monday, Wednesday, Thursday – 7am till 3.30pm

## Summary of Employment History

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### Disability Support Worker – October – Current

Home Instead Duties: Assist with the day to day living and care of people living with disabilities. Personal care duties, including, toileting, showering, dressing, transporting/outings/appointments, medication dispensing.

### Disability Support Worker – September 2022 to December 2022

JB Care Duties: Assist with the day to day living and care of people living with disabilities. Personal care duties, including, toileting, showering, dressing, transporting/outings/appointments, medication dispensing.

### Aged Care Worker - November 2021 – August 2022

RFBI Masonic Village Duties: Assist with day to day living and care of elderly residents. Personal care duties, including toileting, showering, dressing, eating and medication dispensing.

### Aged Care Worker - November 2014 - 2021

OPAL – Narrandera Nursing Home Duties: Assist with day to day living and care of elderly residents. Personal care duties, including toileting, showering, dressing and eating.

### Aged Care Worker - October 2013 to November 2014

Teloca House Duties: Assist with day to day living and care of elderly residents. Personal care duties, including toileting, showering, dressing and eating.

## Referees

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Available on request