

AMIR MAHARJAN

CONTACT



3/1 Edward Street, Mittagong,
AUSTRALIA 2575



0423039491



maharjanamir1986@gmail.com

SKILLS

- Proactive and attentive
- Patient observations
- Treatment and care planning
- Cleaning and sanitisation

LANGUAGES

Nepali: First Language

English:

B2

Upper Intermediate

Hindi:

B2

Upper Intermediate

ADDITIONAL INFORMATION

References

Niranjan Prasai (Trainer/ Training
Manager)
0451995201
prasainiranjan2014@gmail.com
Oscars Training Centre, 5/5 King Street,
Rockdale
Registered Nurse (RN) - Anju Dahal
0415098009
anju_dahal@hotmail.com
Summitcare Randwick

Helpful professional ready to bring caregiving skills to new position in healthcare industry. Welcoming individual committed to making patients feel comfortable and secure. Proficient in cleaning and sanitising patient rooms, documenting patient observations and examining patients to detect symptoms.

EXPERIENCE

February 2023 - Current

Kitchen Assistant *Abbey House (Thompson's Health Care)* , 300
Range, Mittagong, Australia

- Removed waste and inadequate food items regularly to keep work spaces neat and clean.
- Cleaned and inspected food preparation areas against safe and sanitary food-handling criteria.
- Maintained cleanliness and organisation of kitchen stations and storage areas.
- Kept all utensils, dishes and glasses clean and ready for customer use.
- Managed kitchen cleaning duties to keep all areas and workstations organised, well-stocked and free from hazards.

May 2023 - June 2023

Placement - Carer Worker (AIN) *Summitcare Randwick*, 15
Frenchmans Rd, Randwick , Australia

- Built strong, trusting relationships with patients by providing continuous support and delivering best possible care.
- Discussed future care with patients and families, demonstrating emotional resilience, active listening and compassion.
- Reduced patient anxiety by clearly and calmly explaining clinical processes and procedures.
- Actively listened to patients' complaints and feedback, actioning improvements to continuously elevate quality of care.
- Supported those with mental and physical health problems with various social activities.
- Maintained excellent client relationships by offering both practical and emotional support to the vulnerable throughout care.
- Developed and implemented personalised care programmes, reviewing and adapting regularly for optimised outcomes.
- Provide support and assistance to maintain a clean comfortable, safe, secure and homelike environment for the residents, in the upkeep of personal clothing and in the preparation and consumption of food and beverage. Ensure maintenance of clean linen including making of beds and changing bed linen for residents.

July 2020 - January 2023

Delivery Assistant *Big-Mart Pvt.Ltd* , Lazimpat, Kathmandu, Nepal

- Maintained up to date knowledge on offerings to provide details to customers when required.
- Closely followed delivery times and schedules by planning effective delivery routes.

- Placed items in secure and protected areas following company regulations.

December 2017 - April 2020

Senior Bar Supervisor *Turtle Lounge & Bar Pvt.Ltd*, Thamel, Kathmandu, Nepal

- Greeted and seated guests to establish prompt, high quality service.
- Consulted with customers to determine drink and taste preferences, making appropriate recommendations to guarantee customer satisfaction.
- Maintained clean, organised bar in line with hygiene regulations.

August 2009 - July 2017

Bartender *Club Platinum Hotel Yak & Yeti*, Durbarmarg, Kathmandu, Nepal

- Made product recommendations to customers based on preference, food pairings and special promotions.
- Upheld high standard of cleanliness in all work areas to comply with health and safety regulations.
- Optimised customer experience, serving each guest with sincere, positive and enthusiastic attitude.

July 2008 - July 2009

F & B Service (Olive Bar & Bistro) *Cafe Firenze*, Abu Dhabi , UAE

- Promoted safe working environment by implementing regulatory standards, policies and guidelines.
- Prepared orders to deliver excellent presentation and quality standards.
- Customised customer experiences to build brand loyalty.

EDUCATION

2023

Certificate III in Individual Support (Ageing & Disability)
Australian Community and Management College, Parramatta, NSW, Australia

2005

Higher Secondary Education Board (HSEB), Management,
Tribhuvan University
Nepal Institute of Management and Science H School, Lalitpur, Nepal

2002

School Leaving Certificate Nepal Board
Guheshwari Boarding English School, Bansbari, Kathmandu