



Amie Allen

I have ten years' experience working in Disability and Aged Care. I enjoy working with Aged Care residents and specialise in Dementia care.

Experience

2020-current

Residential Support Worker • Fairhaven Disability Services

- Supporting Disability and Aged Care clients with their daily living activities, life skills and goals
- Daily tasks such as cooking, cleaning, organising appointments, activities and supporting residents in general wellbeing.
- Fully assisting residents with personal care such as showering, shaving, oral hygiene, dressing, undressing and grooming
- Entering progress notes into the client's Daily Living Notes.
- Administering residents' medication on a daily basis
- Providing care and support to residents including providing physical care, recreation, teaching daily living skills and creating a positive and safe living environment.



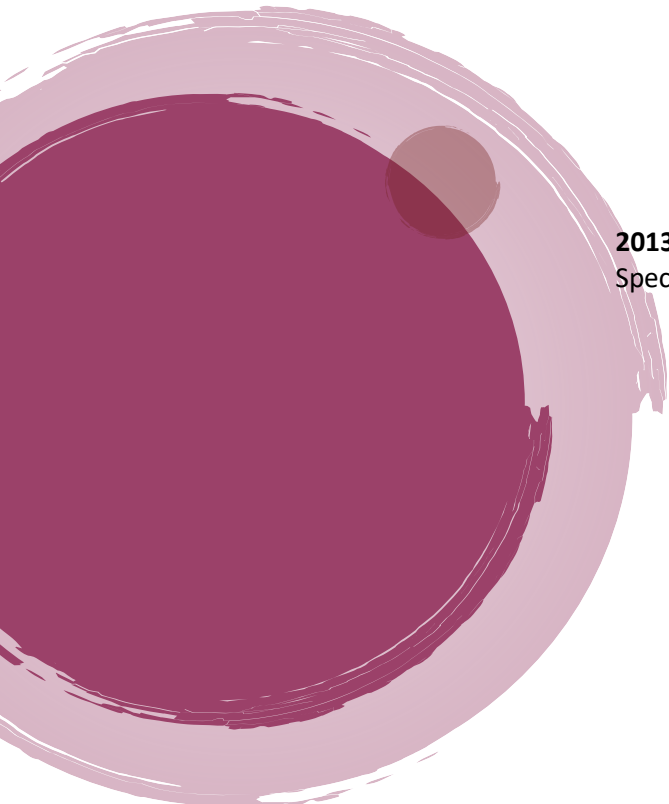
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2013–2023

Specialised Dementia Carer • Hammond Care

- Case management including developing and implementing Individualised care plans for residents.
- Medication competency – administer residents’ medication from a Webster pack
- Providing care and support to residents, enabling them to engage in life within the home environment.
- Providing opportunities for residents to engage in activities of daily living for example, participation in domestic tasks, leisure activities and wider community involvement.
- Fully assist residents with personal care such as showering, shaving, oral hygiene, dressing, undressing and grooming
- Carrying out maintenance in the cottage for example, cooking, cleaning and laundry
- Safely transferring residents between a bed and chair
- Safely transferring residents in and out of a car
- Using individualised care plans as the basis of support for various clients including their dietary and food requirements.
- Encouraging and assisting residents with eating and drinking using appropriate feeding utensils and techniques
- Effectively using mobility aids and equipment including devices used by the resident such as walkers, walking frames, wheelchairs, walking sticks, shower chairs and so on.

Education

Hammond Care Erina NSW

- ***Certificate III in Aged Care***
- ***2023 HLTAID001 Provide Cardiopulmonary Resuscitation***
- ***2020 HLTAID003 Provide First Aid***



References

Sheree Foley
Residential Support Worker
Fairhaven
Ph: 0481-733-378

Jo Currie
Specialised Dementia Carer
Hammond Care
Ph: 0412-724-657

Heidi Allen
Workplace Trainer
Hammond Care
Ph: 0416-496-254