PEM DOMA SHERPA 18/80-82 Mann Street,Gosford 2250 (c) 0451519818 pemdomasherpa898@gmail.com

SUMMARY

Compassionate, professional aged carer. Maintains high level of empathy and respect for all patients, carers, and staffs. Eager to commence career. Committed to working in legislation, regulations and Australian codes of practice. Excellent time management skills with proven ability to manage conflicting responsibilities.

WORK EXPERIENCE

Assistant in Nursing 02/2023-05/2023 Glenwood Nursing Home Glenwood, Sydney, NSW

- Supporting residents with activities of daily living such as bathing, dressing and hygiene
- Supporting and assisting residents with food and fluids as required
- Assisting the nursing staff with treatments as directed
- Assisting the nursing staff by observing and reporting promptly any changes in the condition or wellbeing of residents.
- Assisting residents with recreational activities with direction from the Lifestyle Team

Assistant in Nursing

05/2023 to present Triniti Care

- Ensure the privacy and dignity of residents is maintained at all times and that all personal interactions reflect respect and compassion
- Recognise and respond to change in the condition of residents' health & well-being
- Implement continence programs
- Maintain accurate documentation throughout each shift
- Assist in the development of resident care plans

IMMUNISATION STATUS

Fully immunised for Covid 19(1st and 2nd dose with booster)

Flu vaccine/influenza

KEY SKILLS

- Enthusiastic in providing domestic assistance including responding to resident requests in a compassionate manner
- Ability to complete other tasks that include manual handling

- Provides person-centred practice in provision of direct and indirect care
- Methodical and detail-oriented
- Consistently improves on work practices through reflective practice and commitment to refine
- Adhere to legislation and guidelines
- Teamwork-collaborative team member, manages own contribution whilst remaining respectful of other individuals

EDUCATION

Certificate iv in ageing support

First aid certificate and CPR

REFERENCE

Sabina Timalsina	Prashant Tamang
Assistant in Nursing	Registered Nurse
Glenwood Nursing Home	0414821431
0435994301	prashant.moktan810@gmail.com