

THIKHAMPORN SOPABUN (Tina)

Sydney, NSW 2000

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CAREER OBJECTIVE

Dedicated and compassionate Aged Care Worker with hands-on experience supporting elderly residents through various internships in residential and community settings. Seeking to join a person-centred care organisation where I can apply my knowledge, empathy, and commitment to quality care.

KEY SKILLS

- Personal Care (bathing, grooming, toileting)
 - Mobility & Manual Handling Support
 - Monitoring & Reporting Health Conditions
 - Dementia & Behavioural Support
 - Medication Prompting & Daily Living Assistance
 - Team Collaboration & Empathetic Communication
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EDUCATION & TRAINING

Diploma of Community Services – Mercury College, Australia | 2023–2024

Certificate IV in Ageing Support – Mercury College, Australia | 2022–2023

Certificate III in Individual Support – Mercury College, Australia | 2020–2021

Diploma of Business – Greenwich Management College, Australia | 2019–2020

Bachelor of Humanities and Social Sciences (English Major) – Mahasarakham University, Thailand | 2014–2017

AGED CARE EXPERIENCE

Intern – Group Homes Australia | Carrington

Sydney, NSW | Nov 2024

- Provided high-quality, person-centred care in a small-scale home setting.
- Assisted with showering, dressing, mobility, and toileting.
- Built strong, trust-based relationships with residents and families.

- Supported care plans and collaborated with supervisors and nurses.

Intern – Scalabrini Bexley

Sydney, NSW | Oct 2024

- Assisted elderly residents with hygiene, feeding, and mobility support.
- Focused on dignity and safety in every interaction.
- Encouraged independence and contributed to emotional well-being.

Intern – Advanced Care at Georges Manor

Sydney, NSW | Jul 2024

- Delivered daily care for residents with diverse physical and cognitive needs.
 - Participated in care team briefings and recorded observations.
 - Promoted resident engagement through recreational activities.
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REFERENCES

Available upon request.