

# Anita Bista

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## Summary

- Compassionate and responsible with a strong commitment to providing quality aged care to elderly people with maximum dignity, comfort, and independence. Attentive support worker with adequate experience of assisting residents.
- Result-oriented, self-driven, highly motivated, smart, and hungry to learn new methodologies, strategies, and processes.

## Skills

- Teamwork
- Communication
- Resident Care
- Documentation
- Health Safety

## Experience

6 Months experience as a Support worker

Pearl Home Care

17A Cunninghame St, Fairfield, Sydney, NSW

Handled documentation for operations, including new applications and renewals

Good communication with residents and team members

Participate in the development and implementation of resident care plans

Worked closely with clients to understand their needs and coordinate necessary services.

Conducted professional assessments to evaluate the mental and physical conditions of patients

Assisted patients on daily tasks including bathing, eating, dressing, grooming, and using the restroom

Aware about workplace Health and Safety regulations.

Sound knowledge of infection control standards.

## Education and Training

Oscar Training Center, Sydney, NSW

## Certificates

- Certificate III in Individual Support (Ageing/Disability)
- First Aid CPR & Basic Emergency Life Support
- NDIS Workers
- National Hand Hygiene Initiative
- Current Police Check Certificate
- Immunization Certificate
- Current up-to-date Vaccination

## Languages

- Fluent in English & Hindi

## Reference

Vani Mohan

Admin Officer

Pearl Home Care

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Raj J Chhetri

Supervisor & coordinator

Support Foundation Organization

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