

Anisha Shrestha
5/31 Russell St, Strathfield, NSW, Sydney, Australia

Mobile: 0405115144

E-mail: anishastha6523@gmail.com

CAREER OBJECTIVE

A self-motivated, compassionate, punctual nursing assistant which can accomplish all the assigned responsibilities with minimal supervision. I have extensive knowledge of basic nursing procedures and as a true professional, I will demonstrate compassion, dignity, and respect when taking care of residents. Currently, looking for a position that will help to pursue my already gained knowledge and skills in the field of assistant in nursing.

EDUCATION

TAFE NSW	2023-Present
Bachelor of Early Childhood Education And Care (Birth-5)	

Skyrider Higher Secondary English Boarding School , Nepal	2020-2022
Science	

PROFESSIONAL DEVELOPMENT

GLOBAL EDUCATIONAL INSTITUTE	Jan 2023- june 2023
------------------------------	---------------------

CERTIFICATE IV IN AGEING SUPPORT

ADDITIONAL SKILLS

- Intermediate skills on Microsoft word, Power point and Excel.
- Excellent oral and written communication skills.
- ability to work with team members.
- Caring nature and respectful.
- Ability to work in stressful and multi-tasking environments.

TRAININGS

- Manual Handling
- Infection Control and Hand Hygiene
- Dementia Handling
- Elder Abuse Training
- WHS Training
- Cultural Diversities Training
- Incident/Accident/Hazard Management Training
- Continence Management and Assessments □ First Aid Training

Career History

Bayswater Gardens Nursing Home

- Engage residents in recreational activities.
- Assist in activities of daily living (cooking, feeding, shopping and recreational
- Check oxygen saturation and provide oxygen.
- Provide psychological support.
- Supporting people with social and physical activities.
- Helping with personal care such as support with showering and dressing.
- Supporting people with eating and drinking.

Personal Carer in Care Live smile Pty Ltd, Bondi junction, NSW 2023- present

AIN in Universal Nursing Agency 2023-present

Different NGOS as health workers in Nepal November 2021-October 2022

- Provide health services
- Serve the people who are hardest to reach and to respond to crisis during disasters.
- Work with government officials, health providers, and community groups to support high- quality, Comprehensive health education and services..
- Provide high-quality health information and services to youth as well as adults.

REFEREES

Japjit Kaur Randhawa
Registered Nurse at Bayswater Gardens Ph.
No.0469819252
email:kaurjp@hotmail.com

GEI Reference email: referencestudent@gmail.com
Geispcollege2017@gmail.com