# **ROMAN BHANDARI**

# ASSISTANT IN NURSING

## Professional Goals

A reliable, trustworthy, and flexible individual who has the relevant qualifications that you are looking for. I have a comprehensive understanding of the service that will empower resident's life to a dignified, and enriched life we strive to encourage a workplace culture based on our values of integrity, respect, commitment, empathy, professionalism, competence, ethical, responsive, and accountability and is able to abide by all legal requirements.

### Get in touch!

#### Email:

bhandariroman893@gmail.com rbhandari@montefiore.org.au

### Phone:

+61 424728787

### Address:

7/8 Webbs Ave, Ashfield, NSW 2131

### Skills

- Administering medications to the patients.
- Team communication
- Leadership
- Drive to learn and get better good clinical practice.
- Research oriented
- Attention to detail
- Able to multitask and maintain composure under pressure

### Personal Strengths

- Organizational and Planning Skills.
- Attention to detail.
- Information gathering and management.
- Analytical skills.
- Confidentiality.

### Certifications

- Assistant in Nursing (Ageing and Supporting)
- First Aid and CPR Training Certificate
- Certificate III in Individual Support (Ageing and Disability)
- Dementia Tranining Certificate

### Academic History

#### King's Own Institue Bachelor Of Information Technology

- Studied core computer science and its application
  - Developed simple programs that implement basic programming ideas
- Attended various tech workshops
- Attended workshops for soft skill development
- Learned the basics of computer programming and created a team project

#### Kathmandu Model Secondary School High School in Science

- Studied science with math and computers.
- Studied the basics of computer operations.
- Practiced teamwork by competing in an intercollegiate competition.
- Participated in a science/technology exhibition.

### Work Experience

#### Bupa Agecare Placements Dementia Ward | Feb 2023

### Customer Service Team Member WOOLWORTHS GROUP LIMITED | Jun 2023 - Feb 2024

### PERSONAL CARE ASSISTANT

### Help at Home by Montefiore | Jun 2023 - Oct 2024

- Personal care support & assistance.
- Record resident's changes in Care Plan or Progress notes.
- Provide First-Aid, arrange emergency support, and Arrange medical appointments.

### Assistant in Nursing

#### Montefiore | Sep 2024 - Currently working

- Personal care support & assistant in nursing.
- Helping and assisting high-care dementia residents.
- Record the resident's changes in the care plan or progress notes.
- Provide first aid, arrange emergency support, and arrange medical appointments.
- Giving emotional support for the residents and accompanying them for daily care.

References Available upon request.