

## **AFRIN RASALKAR**

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## **Objective**

To pursue a career in agedcare , utilizing my skills in communication, patience, and management to contribute positively to the wellbeing of individuals, while continuing to grow professionally in a supportive and challenging environment.

## **Skills**

### Core Skills:

- Personal Care Assistance – Helping clients with daily living activities (bathing, dressing, grooming, toileting).
- Medication Assistance – Supporting clients with medication as per guidelines.
- Manual Handling & Mobility Support – Assisting clients with transfers, hoists, and mobility aids.
- Behaviour Support – Understanding and managing challenging behaviors professionally.
- Community Access & Social Support – Encouraging participation in community activities.
- Domestic Assistance – Helping with cleaning, cooking, and household tasks.

### Soft Skills:

- Empathy & Compassion – Building strong, trusting relationships with clients.
- Communication Skills – Effectively interacting with clients, families, and healthcare teams.
- Problem-Solving & Adaptability – Handling unexpected situations calmly.
- Teamwork & Collaboration – Working effectively with colleagues and healthcare professionals.
- Patience & Emotional Resilience – Managing stress and maintaining a positive attitude.

## Professional Experience

Currently working as a casual employee at SIL (Supported Independent Living) home. Deewhy NSW Australia.(2024-2025)

- Supporting client with disabilities
- Manual Handling
- Assisting with daily living tasks
- Personal care
- Meal preparation
- Medication administration

Working with Emirates Cleaning Services as a part of their team for

- Maintained high standards of cleanliness and hygiene in residential and common area.
- Performed regular cleaning tasks including dusting, vaccuming , mopping and disinfecting surfaces to ensure a safe and comfortable environment for residents.
- Managed laundry services ensuring proper handling and care.

Child Care Worker | The Learning Curve Pre-Primary School  
New Panvel, India | ( 2015-2016) (2018-2019)

Assisted in the care and education of children in a pre-primary setting, ensuring their safety, comfort, and engagement.

Created a nurturing and stimulating environment for children to grow and learn.

Developed patience and active listening skills while addressing the individual needs of each child.

Worked with a team of educators to ensure smooth daily operations and efficient delivery of learning programs.

Teacher | Vispute High School  
India | 2019

Taught and mentored primary school students, adapting lessons to meet diverse learning needs.

Communicated effectively with students, parents, and colleagues to ensure optimal academic development.

Managed classroom behavior, implemented classroom activities, and provided individualized support to students as needed.

## Qualification :

- Certificate III in Individual Support ( Aging , Disability , Home and Community)
- Diploma in Early Childcare Education ( India )
- Diploma in Interior Designing ( India )

## Certifications

- First Aid and CPR certificate
- The Basics of Infection Prevention and Control
- Hand Hygiene for Non Clinical Health Worker
- NDIS Worker screening check
- NDIS Orientation Module completion certificate

## Reference

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