

Ashik Jayanth

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To enhance my professional skills and capabilities in which the company not only recognizes my value of hardwork also trust me with responsibilities and challenges.

Professional Experience

Primrose Court Nursing Home, South road, Stockton-on-tees, TS20 2TB **05/20 - Present**
Senior Care Assistant

I am hard-working, reliable, trustworthy and caring person who is looking for stable and consistent employment with a care organization who has a positive reputation within the industry.

- supervise a team of care assistants
- write care plans.
- monitor patients' vital signs, like blood pressure and heart rate.
- complete patient medication records.
- develop and lead activities for service users.
- keep families up to date about their relative's progress.
- train and mentor new staff.

Education

NVQ Level 5 - 120 Credit

- 2019-2020

Teesside University
Food Engineering

- Post Graduate (2019-2021)

End of life - Level 3

The health and safety group
PMVA - A

Key Skills

- Team leading and helping other staffs
- Safe guarding
- Handling violence and aggressive residents
- Restraining
- Basic live support
- NEWS Training
- PMVA Training
- COSHH
- RIDDOR
- Moving and Handling
- Medication Administration
- Food Safety
- Dementia Awareness
- Data protection
- Infection control
- Mental health 2007
- Checking blood sugar
- Checking vital signs
- Feeding
- Maintaining clear and accurate records
- Promoting independence
- Giving care with dignity
- Daily living activity assistance
- Follow established policies and procedures
- Controlled drug management

Language

- English
- Malayalam
- Tamil

References

Reference available on request

Additional information :Fully qualified UK driving licence holder,IT Skills(word and excel)