

Aaron Swapnil Deo

0450227453 | asdc7m@gmail.com | 53A Doonside Cres, Blacktown NSW 2148

USI- SFJT947CZ7

PROFESSIONAL SUMMARY

Being 27 I value myself humbly as **Highly motivated and compassionate individual with love and care of almighty father god shared in self and service to all**, with a **one-month internship** as a Support Worker/Assistant Nurse at Calvary Doonside Aged Care Home, completing a Certificate III in Individual Support (CHC33015). I possess a deep **respect for the value of care and the elderly**, and I'm eager to contribute to a new organization within the aged care industry.

EXPERIENCE

Personal

Grandparents

2023 - 2024

Warwick Farm, NSW

- I supported my grandmother with house duties and looked after my granddad who was recovering from a stroke and managing high blood pressure. I closely monitored his vital signs, including blood pressure, to ensure it remained within a safe range. Additionally, I provided assistance with daily living activities like dressing and toileting, promoting mobility and independence. I also played a role in creating a calm and supportive environment, fostering their recovery and emotional well-being. My attentiveness and support helped ensure my received the care he needed while recovering from his stroke.

Age Care Facility - Australia

March 2024 – April 2024

Calvary – HANLEY MANOR, 84 Earle Street DOONSIDE NSW 2767

- I've worked as an aged care support worker, providing compassionate care to residents with various needs. One of my most rewarding experiences was supporting a patient in palliative care. I focused on comfort and dignity, offering emotional support and ensuring their pain was managed effectively.
- Another resident with dementia presented challenges. I used patience, clear communication, and established routines to help them feel safe and understood.
- In addition to these two individuals, I've assisted 12 other residents with age-related disabilities. This involved helping with daily tasks like bathing, dressing, and medication reminders. I also fostered a sense of community by organizing social activities and engaging them in meaningful conversations.
- My goal was to provide all residents with the respect, support, and empathy they deserve, aiming to improve their quality of life.

DUTIES PERFORMED:

- Develop and follow individualized care plans for residents.
- Provide assistance with personal hygiene, dressing, and toileting.
- Assist with meals and ensure residents have adequate nutrition and hydration.
- Support residents with mobility and transfers.
- Respond to residents' emotional and social needs, providing companionship and fostering a

sense of well-being.

- ☐ Participate in activities and programs that promote resident engagement and social interaction.
- ☐ Maintain accurate records of residents' care and well-being.
- ☐ Report any changes in a resident's health or well-being to the appropriate healthcare professional.
- ☐ Work collaboratively with other caregivers and healthcare professionals to ensure coordinated care.
- ☐ Maintain a clean and safe environment for residents.
- ☐ Uphold ethical principles of care, ensuring respect for resident autonomy, dignity, and privacy.

SKILLS:

- ☐ **Communication:** Active listening, clear verbal and non-verbal communication, adapting communication styles to different individuals.
- ☐ **Interpersonal Skills:** Building rapport, empathy, respect, patience, positive attitude, cultural competency.
- ☐ **Daily Living Skills:** Assisting with tasks like bathing, dressing, toileting, feeding, and mobility.
- ☐ **Observation and Reporting:** Identifying changes in resident health and well-being, documenting observations accurately.
- ☐ **Problem-Solving:** Finding creative solutions to challenges while ensuring resident safety and well-being.
- ☐ **Teamwork:** Collaboration with other caregivers, nurses, and healthcare professionals.
- ☐ **Infection Control:** Maintaining hygiene and infection prevention practices to protect residents and yourself.
- ☐ **Manual Handling:** Safe techniques for assisting residents with moving and transfers.
- ☐ **Work Health and Safety:** Knowledge of WHS principles to ensure a safe work environment for myself and others.

EDUCATION

CERTIFICATIONS

Certificate III in Individual Support

October/2023- April/2024

INT COLLEGE

RTO Code 45232 CRCOS Code 03638D

- ☐ Currently Enrolled Certificate IV in Ageing Support [INT College] – [May 2024 – October 2024]

AWARDS/RECOGNITIONS/VOLUNTEER WORK - (OPTIONAL)

- ☐ Beyond Blue - Volunteer
April 2024
- ☐ Certificate III - Course Completion April 2024

REFERENCE:

1. Linda – Physio Therapist (Calvary& Beyond Blue)
+1800 52 72 72

2. Elonoar – Calvary Doonside Facility Manager
Phone +02 9623606

3. Sarita Mudaliar - CEO/Dean
INT COLLEGE/
TOTAL CARE PROVIDERS
Phone:+1800 046 846

Address: Henley Manor -84 Earle Street
Doonside
NSW 2767

4. The Church Of Jesus Christ
Of Latter Day Saints
Address: NSW, Herbasham
Bishop: +0426829628

5. Anjani LATA
ACURA TALENT
Supervisor
Phone: 0411885776