

Bimala Adhikari

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Career Objective

Enthusiastic and friendly individual seeking a position to work full time. With excellent problem solving skills and an eye for detail, I am confident in my ability to work independently as well as a part of team. I have completed studying and work placement as Certificate III (Ageing) caring elder and disable people with proper documentations.

Education

- Certificate IV in Aged Care, Global Educational Institute, Campsie
- Bachelor of Education, Quest Model College, Chitwan, Nepal
- Higher Secondary Education Board (year 12), Paragon Higher Secondary School, Chitwan, Nepal

Work Experience

- Carino Care, Sylvania (work placement) (completed October 2023)
- Cabin Services Australia, Mascot, Airlines, Cleaner (April 2014 - Jan 2020)
- Moran Aged Care, Sylvania, Laundry cleaner (Feb 2016 - May 2018)

Key Areas of Ability

- Analysis, strategy development and delivery from identified needs
- Traditional care and commitment to organisational targets
- Communication nucleus with depth of cultural awareness
- Rapport and relationship management with lasting focus
- Enthusiastic, knowledge-hungry learner and committed to excellence in my work
- Highly motivated self-starter who takes initiative with minimal supervision
- Conscientious go-getter who is highly organised, dedicated, and committed to professionalism
- Resourceful team player who excels at building relationships with customers and colleagues
- Productive employee with solid work ethic who exerts optimal effort in successfully completing tasks

Trainings

- Manual Handling
- Infection Control and Hand Hygiene
- Dementia Handling
- Elder Abuse Training
- WHS Training
- Cultural Diversities Training
- Incident/Accident/Hazard Management Training
- Continence Management and Assessments

Assistant In Nursing- Under Supervision (Work Placement)

- To establish rapport with families, staff and volunteers and facilitate communication between them
- To protect the rights of residents and ensure care provided maintains resident's dignity and privacy
- To respect the confidentiality of residents as well as other team members
- To have an understanding of the internal/external complaints mechanism
- To have an understanding and commitment to Continuous Quality Improvement
- To attend the personal needs of the residents including all activities of daily living, social emotional support in accordance with the care plan and at the direction of the Supervisor Care

Leader / Duty Nurse

- To provide opportunities for residents to participate in meaningful activities
- To support resident's choice/decision making
- To provide domestic services in the residential facility including food handling, laundry, cleaning and other tasks as instructed by the Care Leader / Registered Nurse
- To report and document any changes in resident's health and well-being
- To maintain hygiene/safety practices in accompanying caring tasks
- To demonstrate an ability to complete appropriate Incident/Hazard Reports
- To have awareness of practices and maintains a safe environment including Fire Safety,

Evacuation, and Emergency Procedures

- To maintain the workplace equipment and environment
- To recognise health and environmental hazards and reports damages, faults and problems, using appropriate incident reporting
- To fulfil duties as allocated and prepared to alter routines to meet the changing needs of the residents
- To work cooperatively as a team member and supports new and less experienced staff
- To maintain appropriate hand-washing techniques
- To follow correct Manual Handling Procedures

Key Responsibilities as an AIN

- To maintain WH&S standards
- To provide training and support to the new staffs
- To maintain proper chemical handling proceduresTo maintain proper cleaning and hygiene standards

Availability

- Permanent Resident, (Full working Authority)
- Available 7 days

References

- Available upon request.