

Kiran Thapaliya

Catherine Field NSW 2557

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Objective

Seeking a position as a health Care Assistant. Eager to bring expertise and keen to learn more in assisting patients with personal care activities such as dressing, grooming, skin care, bathing, and all the activities of daily living along with understanding the resident needs and delivering patient centered care to provide safe and quality nursing care.

Professional Experience

Scalabrini Village Nursing Home (28-34 Harrow Road Bexley NSW2207)- 120 Hours Placement Completed.

Key responsibilities and accomplishments include:

- Assisting residents with their activities of daily living including personal hygiene, grooming, toileting, and dressing.
 - Maintaining cleanliness and hygiene standards in resident's living spaces including bed making and tidying rooms.
 - Supporting residents in mobility and transfers ensuring their safety.
 - Assisting with meal preparation, serving, and feeding adhering to specific dietary requirements.
 - Engaging in meaningful conversations and actively listening to residents.
 - Assisting with recreational activities and exercises to promote physical and mental well-being.
 - Identifying any changes on resident condition and reporting it to RN.
- Working together with all health care professionals as a team.

Anu Kitchen and Catering Services – 337

Beamish Street, Campsie NSW,2194

Position: Cook

Feb2024- Current

Roles:

- Assisting in Preparing and serving meals and cleaning.
- Maintaining food health and safety. Working in accordance with food health and safety legislation.
- Preparing menu according to the likes and demands of the customer.
- Able to work effectively with team and can handle and manage working in busy environment.
- Able to follow infection control policy and work health and safety.

SKILLS

- Effective communication skills
- Good knowledge of Computer Skills
- Reliable, honest, and friendly
- Attention to details/Quick learner
- Flexible and team player
- Understanding of Problems related to aged care residents in term of attitude and patience

Academic Qualification

- Bachelor of Business Accounting – NAPS College
- Certificate III in Individual Support (Aged Care & Disability) **Additional**

Certificate

- First aid and CPR training
- NDIS Certificate
- Manual handling training

References

Name: Neeta Kunwar Neupane, Email : neetakunwar.neupane@gmail.com

Available upon request I am available to work morning/Afternoon/nightshift.