

# SUSHMITA TAMANG

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## OBJECTIVE

A dedicated and compassionate Assistant in Nursing (AIN) with hands-on experience gained during clinical placement. Skilled in providing high-quality patient care, supporting daily living activities, and ensuring patient safety and comfort. Passionate about contributing to the well-being of individuals in need of assistance within healthcare environments.

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## WORK EXPERIENCE

**11 NOV – 29 NOV,2024**

### ASSISTANT IN NURSING (PLACEMENT)

Cheltenham House Thomson Health Care

- Assisted patients with daily activities such as grooming, dressing, and feeding.
- Maintained hygiene and infection control standards in all patient interactions.
- Supported patient mobility using assistive equipment like hoists and wheelchairs.
- Collaborated with healthcare teams to deliver individualized care plans.

**FEB 2024 – PRESENT**

### BAKERY WORKER AT WOOLWORTHS

- Stocked shelves with freshly baked items throughout the day to ensure adequate supply for customers.
- Followed Health Department regulations in the handling of food products and sanitation procedures.
- Provided excellent customer service by promptly responding to inquiries about bakery items.

**JAN 2024 – JUNE 2024**

### LINDUS DRY CLEANING

- Performed store opening and closing duties as required.
- Built positive relationships with customers by providing friendly and helpful service.
- Utilized problem solving skills to troubleshoot technical difficulties with POS systems or credit card machines.

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## EDUCATION & CERTIFICATIONS

**2024 - PRESENT**

**Bachelor's in cyber security** from Torrens University,  
Ultimo Campus, Sydney

**GRADUATED 2024**

**Certificate III in Age Care and Disability** from GEI College,  
Campsie

**INTERESTS**

Proactive, compassionate, and  
committed to professional  
growth

**LANGUAGES**

English  
Nepali  
Hindi  
Tamang

**SKILLS**

Clinical skills, Communication skills,  
Critical thinking, Attention to detail,  
Cultural competence, Teamwork,  
Time management, Problem-  
solving, Compassion

**REFERENCES****Ms. Yanji Lama**

RN at Matilda Nepean Hospital  
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**Mr. Santosh Pathak**

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**Mr. Lalit Tamang**

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