RESUME

Name: Ruchika Budhathoki

Address:

Email: ruchikabudhathoki9@gmail.com

Mobile: 0493481495

Objective:

I am looking for a part time employment for the post of Assistant in Nursing. I wish to have my career which employs my skills and expertise fully to join the organization which values enthusiasm, professionalism, and commitment to perform significant responsibilities and opportunities.

Trainings:

- · First Aid Training
- · CPR Training

Certificates:

· Police certificate

Personal Attributes:

- · Problem-solving and multi-tasking skills
- · Strong work ethics, exceptionally reliable
- · and hardworking
- · Excellent organisational, prioritisation, and time management skills
- · Good communication, interpersonal.
- · Ability to work well in a team.
- · Independently with minimal supervision

Professional skills:

- · Compassionate and empathetic approach to caregiving.
- · Proficient in providing personal care assistance, including bathing, dressing, and grooming.
- Ability to support individuals with mobility challenges, including using mobility aids and transferring techniques.
- Excellent communication skills of interacting with clients, their families, and healthcare professionals.
- Strong problem-solving abilities to address unexpected situations and challenges effectively.
- Patient and calm demeanour to provide reassurance and emotional support to clients.
- · Knowledge of ageing and disability rights and advocacy to ensure client's needs are met.

Availability			
Availability: Any time			
References:			
Niranjan Parsai Phone No. 0451995	5201		
Phone No. 0451993	5201		