

Soniya Thapa

Address: Unit 1406/18 Harrow Road

Auburn,NSW,2144

Contact Number: 0450539962

Email: soniyathapa96@icloud.com

Dear Sir/Madam,

With reference to your advertisement, I would like to put forward my candidacy for the post of an assistant nurse. I am dedicated and enthusiastic about supporting elderly people to achieve a quality of life for their dignity and independence. I love to assist elderly people and provide emotional and social support.

As you will note in the enclosed resume, I have 120 hours of experience as an volunteer AIN at Bupa aged care Ashburry,Ashfield , NSW. I am an expert in patient feeding responsibilities, meal assistance, and essential hygiene, showering, using a lifter, toileting. Besides, I am also very expert in taking blood pressure, pulse, and temperature and answering calls.

I would like very much to meet with you to talk about this further. If you would like to contact me in the meantime, I can be reached at 0450539962 or via email on soniyathapa96@icloud.com

Thank you for your time and consideration.

Sincerely,

Soniya Thapa

Enc. Resume

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Summary

Some experience with as a RN for seven years back to in Nepal and three weeks placement in Bupa aged care Ashburry,Ashfield, Australia. I possess excellent abilities in carrying out all nursing duties, including carrying out nursing care plans in consultation with other healthcare providers, performing risk assessments, and ensuring safe patient care. I am seeking a role that can provide for the further development of my skills and knowledge whilst providing excellent career opportunities.

Education

2023: Certificate III in individual support (Ageing)

Work Experience

7 years hospital working experience as a RN in Nepal.

2023: 120 hours of placement at Bupa aged care Ashburry, Ashfield, 2131, NSW

Roles and Responsibilities

➤ Communicate and interact with clients respectfully, whilst promoting freedom of choice and

protecting their dignity.

➤ Personal care: Feeding, showering, dressing, shaving, toileting and assisting with continence aids following health and safety guidelines.

➤ Manual handling: Transferring from bed to chair, assisting in and out of vehicles.

Assistance with appliances (hearing aids, spectacles, artificial limbs, dentures).

- Ensure clients receive high-quality personal care, health, security, accommodation and safety that meets their needs, abilities and preferences.
- Domestic duties like making a bed for the person with care needs and essential laundering for disabled persons.

Skills and Training

- First Aid training
- Patient feeding
- Toileting
- Showering
- Checking blood pressure
- Fire Safety Training
- Answering calls

Physical Capabilities

- bending kneeling
- occasional awkward postures
- Additional Information to be provided

Personnel Qualities

- Flexible
- Changing needs
- Quick problem solving
- Responsibility

- Initiative
- Able to work independently.
- Team player

Languages: English

Referees

Dipanjana giri (manager)
Dipanjana.giri@bupa.com.au

Dhiraj basnet (RN)
Ra.basnet@bupa.com.au

Prema sherpa (AIN)
Premasherpa1971@hotmail.com