

ADITI ARYAL

Aspiring AIN

PROFILE

An energetic and very capable carer with a friendly demeanor, great communication abilities and a strong desire to look out for others. I am multi-skilled, self-driven, and dedicated to giving everyone the particular attention and medical attention they need. Having a proven ability to meet the personal care needs of service users in a way that respects the dignity of the individual and promotes their independence.

WORK EXPERIENCE

Aged Care Placement

Meadowbank Grove Care Community, Meadowbank | [December 2024]

- Assisted with daily activities and personal care for elderly residents, ensuring their comfort and dignity.
 - Supported nursing staff with administering medications and monitoring health conditions.
 - Fostered a compassionate and supportive environment, promoting residents' social and emotional well-being.
 - Maintained accurate records and adhered to safety and hygiene standards in the facility.
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PROFESSIONAL SKILLS

- Proficient in Kronos workforce management software
 - Advanced skills in Microsoft Office Suite (Word, Excel, PowerPoint, Outlook)
 - Leadership and Team Management
 - Knowledge of ageing and disability rights and advocacy to ensure clients' needs are met.
 - Ability to support individuals with mobility challenges, including using mobility aids and transferring techniques.
 - Problem-Solving and Decision-Making
 - Compliance and Safety Regulations
 - Employee Training and Development
 - Compassionate and empathetic approach to care giving.
 - Proficient in providing personal care assistance, including bathing, dressing, and grooming.
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EDUCATION HISTORY

Bachelor of Community Service | Torrens University Australia | Sydney

TRAININGS

First Aid Training

CPR Training

Manual Handling
Training

CERTIFICATES

Police Certificate
First Aid Certificate
CPR Certificate
Manual Handling
Certificate
Certificate IV in Ageing
support with Medication

AVAILABILITY

ANY TIME

CONTACT

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REFERENCES

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