

	<div><div>AASHIKA PUDASAINI</div><div>Strathfield,2135 aashikapudasaini52@gmail.com 0410359634</div></div>
OBJECTIVE	<div>Highly motivated and enthusiastic second-year Bachelor of Nursing student aspiring to practice, acquire, and improve skills to promote health across the nursing care continuum. Recognized for being a diligent learner, effective communicator, and collaborative team member within interdisciplinary settings. Dedicated to providing patient-centered care and maintaining the highest standards of professionalism.</div> <div><div>1. Strong ability to link signs and symptoms with underlying conditions through active learning.</div><div>2. Demonstrated excellent communication and customer service skills.</div><div>3. Skilled in time management, problem-solving, and adapting to dynamic health care environment.</div></div>
Education	<div><div>Australian Catholic University <i>Bachelor of Nursing (Year 2)</i></div><div>Expected Graduation: February 2027</div><div>Kathmandu Nursing College, Kathmandu, Nepal</div><div><i>Proficiency Certificate Level Nursing (Registered Nurse)</i></div></div>

Clinical Placement

Student Nurse Placement Concord Hospital (06/01/2025-17/01/2025) (80 hours)

- Conducted patient assessments and developed care plans in collaboration with the interdisciplinary team.
- Administered medications safely under supervision, adhering to the National Safety and Quality Health Service (NSQHS) standards.
- Provided personal care to patients, including hygiene, grooming, and nutritional support.
- Observed and documented patient progress and escalated concerns to senior staff as needed.
- Gained hands-on experience in a fast-paced healthcare setting.

Student Nurse Placement (Hornsby Hospital) (Neurostroke ward) (02/06/2025-27/06/2025) (160 hours)

- Assisted with the care of patients post-stroke, with hemiparesis, cognitive impairment, and mobility challenges
- Performed neurological observations under RN supervision (GCS, limb strength, pupil assessment)
- Administered oral and subcutaneous medications under direct supervision, following the 6 rights of medication safety
- Assisted in the preparation of IV antibiotics and primed IV lines under RN guidance
- Supported PEG feeding procedures and patient nutritional needs
- Provided safe patient transfers, mobility support, and repositioning using appropriate manual handling techniques
- Completed and co-signed nursing progress notes and fluid balance charts
- Participated in ISBAR handovers with the RN team, developing clinical communication skills
- Maintained patient confidentiality, safety, and dignity in all care activities
- Demonstrated adaptability, initiative, and team collaboration in a fast-paced ward environment

Professional Experience

Allied Medistaff Nursing Service Pty Ltd

Assistant in Nursing (AIN) | February 2025 – Present

- Provide patient care in hospital settings, including Northern Beaches Hospital.
- Assist with hygiene, mobility, feeding, and toileting to ensure patient comfort and dignity.
- Monitor and record vital signs, escalating concerns to nursing staff as needed.
- Support nurses in clinical tasks, including patient transfers and documentation.
- Follow strict infection control and workplace safety protocols to maintain a high standard of care.

NU Nursing – Hospital Placement (Agency Role) | March 2025 – Present

Worked across various hospital wards including Medical, Orthopaedics, and Cardiothoracic

- Delivered personal care including hygiene, toileting, oral care, and skin integrity support
- Assisted patients with mobility, repositioning, and transfers using safe manual handling techniques and mobility aids
- Performed routine observations (e.g., TPR, BP, SpO₂) and reported changes in patient condition to RNs
- Supported oral feeding and hydration, including assistance with texture-modified diets
- Monitored intake/output and assisted with catheter care and fluid balance documentation under RN supervision
- Maintained a clean and safe patient environment in line with infection prevention and control protocols
- Provided compassionate care to patients experiencing confusion, anxiety, or post-operative discomfort
- Adapted quickly to different hospital settings, demonstrating flexibility and effective team collaboration
- Supported the nursing team in maintaining patient dignity, comfort, and safety at all times

United Care Disability Services

Disability Support Worker (November 2022- March 2025)

- Ensured clients' health and safety by providing personal care, grooming, and assistance with toileting and showering.
- Supported clients with meal preparation, eating, and engaging in daily activities.

- Provided overnight care, fostering a safe and supportive environment.
- Assisted clients in maintaining their independence while promoting mental and physical well-being.

Group Homes Australia

Aged Care Support Worker (December 2022- July 2023)

- Assisted elderly residents with activities of daily living (ADLs), including mobility, dressing, and feeding.
- Provided compassionate personal care, ensuring dignity and comfort for residents.
- Monitored and recorded vital signs, reporting any health concerns to nursing staff.
- Engaged residents in social activities.
- Followed infection control and manual handling protocols to ensure safety.
- Provided emotional support and companionship to enhance residents' quality of life.

Vital Home Health Services

Home Care Worker (September 2022 – September 2023)

- Delivered personalized home-based care to clients.
- Assisted with daily activities such as grooming, hygiene, and meal preparation.
- Provided companionship and emotional support.
- Ensured client safety and comfort during sleepover shifts.

	<p>Green City Hospital, Kathmandu, Nepal <i>Registered Nurse (September 2021 – June 2022)</i></p> <ul style="list-style-type: none"> • Monitored and assessed patients' health conditions through diagnostic studies and clinical data. • Documented client care accurately and thoroughly in medical records. • Delivered patient-centered care to promote recovery and wellbeing. • Acted as a liaison between patients, families and interdisciplinary teams to ensure quality outcomes
Key skills	<ul style="list-style-type: none"> • Clinical skills: Vital signs monitoring, medication administration, and patient assessment. • Interpersonal skills: Excellent communication, empathy, and active listening. • Organizational skills: Efficient time management, multitasking, and prioritization in dynamic environments. • Technical skills: Familiarity with electronic medical records (EMRs) and healthcare software.
Languages	<ul style="list-style-type: none"> • English: Fluent • Nepali: Fluent • Hindi: Intermediate