CHLOE VOWELL

SKILLS

Communication, teamwork, leadership, self discipline, time management, problem solving, task prioritization, active listening.

EXPERIENCE

Opal Bossley Park – Student Assistant Nurse

June 2024

- As part of my clinical placement for Tafe NSW I was required to complete 80 hours of clinical placement at this aged care facility.
- I assisted the permanent staff with tasks such as feeding, toileting, cleaning, manual handling and using hoists and other equipment to assist patients.
- In between tasks I would do some therapeutic tasks such as reading, doing puzzle books and sometimes just sitting and talking with patients whilst they watch TV. On some occasions I would be asked to create a group game and occupy the patients with a task using memory and motor skills.
- In my experience at this facility I received positive feedback on my progress and enthusiasm.

Camden Mcdonalds - Crew/ Trainee manager

November 2018 - Present

- I am mainly positioned in the customer service area, but sometimes jump in to help with the food/ drink preparation areas.
- In the last 5 and a half years of working here I have shown commitment and have gained skills such as teamwork, communication, problem solving and others in this job.
- I usually take orders and cashier for customers to place their orders and I have to be efficient with my time as I am timed in the drive-thru. I also help with the cafe and prepare bags to be packed with their orders. I also hand out orders and make sure stock is always available.
- In 2021 I started my Retail Certificate III traineeship with the RTO and McDonalds.
- 2 months ago I was asked by the store manager if I would like to be a manager and I took up the offer.

EDUCATION

Tafe NSW – Certificate III Health Services Assistant (Aged Care)

February 2024 - June 2024, Wetherill Park Tafe Campus

In this course we studied a total of 15 units where we learned what it means to be in health services, the values and how to implement this into the workplace. We learnt skills such as personal hygiene, infection control, maintaining a high standard of service, etc. We did 2 weeks of clinical placement at local aged care facilities to get the experiences required for getting the certificate.

High School – Grade 7 to 11

January 2017 - May 2021, Camden High School

In high school I participated in a few extracurricular activities such as agriculture, school band and study club, these helped me gain skills such as communication, teamwork, leadership and many more which will and have helped me in the workplace. After school I also was a part of a youth tennis squad and the local Royal air force cadets and gained team building skills and self discipline. I completed my ROSA and had excellent attendance.

Primary School – Grade Kindergarten to 6

January 2010 - December 2016, Hornsby North Public School and Camden South Public School

I started kindergarten at Hornsby North Public School and in year 2 I moved to Camden Area and continued primary school at Camden South Public School. In primary school I was in the school band and participated in multiple school sports. I also did sports after school such as tennis, hockey and dancing. Participation in a sports team develops good teamwork and communication skills.

Qualifications

Health Services Assistance Certificate III Retail Certificate III Animal Studies Certificate II Police Check for Aged Care Staff, Disability Care, Child Care Responsible Service of Alcohol Reasonable Conduct of Gambling Fire training ROSA

References

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