# ISWARYA RANJITH

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iswarya1693@gmail.com

A hardworking, professional care assistant with a genuine interest and enthusiasm for helping and looking after people. Having a good experience in maintaining a healthy and safe environment and making sure that resources are utilized effectively and according to practice guidelines. Possessing an impressive track record in helping to promote the physical and personal independence of clients.

### **Professional Skills**

- Able to identify signs of emotional or development problems.
- Knowledge of all relevant health and safety policies and procedures.
- Aware of all the fire procedures, maintaining of documentation and the monitoring and maintenance of equipment.
- Experience of looking after elderly clients some with dementia and challenging behaviour.

#### Duties

BAYSWATER GARDEN- Training (June 2019 to July 2019) QUALITY CARE AGENCY: (JULY2019 to 2020) CONCEPT CARE AGENCY: (MARCH 2021 TO FEB 2022)

- Keeping up to date records on clients, including daily observation about activities and any medication administered.
- Instructing clients on health matters and personal habits to do with hygiene and diet.
- Helping to organize and also participate in recreational activities.
- When required to assist clients with feeding, bathing, dressing.
- Involved in developing care plans.
- Talking to clients and listening sympathetically to their problems.
- Making the best use of aids provided to help clients who have limited, or physical/learning difficulties.
- Helping to create a stimulating and homely environment.
- Making and changing beds and ensuring that rooms are clean and tidy.
- Use appropriate infection control procedures to maintain a clean and safe working area.
- Segregating and disposing of waste materials.
- Maintaining records of clients and their needs.
- Helping clients with their toileting needs, including continence promotion.

#### EDENABLITY NUESING HOME: APRIL2022 TO NOVEMBER 2022 SOUTHERN CROSS CARE PLUMPTON (2022 JULY TO FEB 2023)

- Medication Administration (Cert IV)
- Ensure that quality service is being delive
- Assist client to participate in activities.
- Work in accordance with safety practices.
- Using medical equipment's with clients.
- Communicate effectively with co-ordinators.
- Knowledge of maintaining client's records, reporting and
- documentation.
- Assist with physio/exercises and other medical plans.
- Work according to individualised care plan.
- Follow WHS 2012 Policies and Procedures
- Follow medical instructions carefully and consistently.
- Personal care challenging behaviours, Dementia ADLs and general nursing care.
- Technical data (Taking of Blood Pressure, Blood Sugar Levels, and Vital Signs.)

#### **Personal Attributes**

- Having the required confidence, drive and enthusiasm.
- Able to multitask and meet deadlines.
- Capability to communicate effectively with other team members.
- Possessing a friendly, enthusiastic and positive outlook.
- Able to build relationships with patients and their families or friends .

• Treating people with dignity and respect.

#### Key Competencies and Skills

- Good Learner
- Personal care
- Meal preparation
- Domestic help
- Accompanying clients in the community
- Time management
- Domiciliary care
- Record keeping

## ACADEMIC

- Certificate III in Individual Support (Ageing, Home and Community) (CHC33015)
- Certificate Iv in ageing support (Ageing, Home and Community) (CHC43015).
- BCA (Computer Application) with 75% at Priest university, kumbakonam 2009-2012).

#### **Personal Details**

Husband Name	Ranjith
Date of Birth	16 April, 1993
Languages Known	English, & Tamil
Sex	Female
Nationality	Indian
Visa Status	Australian PR
Student ID	PC9XP4AP4C

#### Reference

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