

# Curriculum Vitae



SAMJHANA KUIKEL BUDHATHOKI

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A reliable, punctual and responsible dedicated hard working staff working as a supportive team member with health care staffs over more than four years experiences in the related field and so passionate about providing nursing care to the people are in needed and supporting them. A quick learner and be responsible about the job descriptions and always comfort to work in a team to provide best care to the clients with flexibility.

## Key Skills:

- Have excellent managerial ability and good communication skills experiences with working staffs or team members in different health care facilities.
- Reliable and professional working ability with great interests.
- Be punctual and passionate to work in a team leading to success.
- Ability to work in emergency situation and able to handle with minimum efforts.
- Knowledge of computer and documentation skills. (Major subject in higher education in computer science)
- Always comfort and passionate to learn new skills and adapted to new changes in working places.

## **Training skills :-**

- Basic Haemo dialysis training of 3 months completed in 2014 in Nepal.
- CPR and first aid training completed.
- Manual Handling training completed .
- Certificate 4 in Ageing Support with placement done.
- Placement completed in St.Patrick's Green Aged Care in Kogarah at (Level 4)

### **Employment History:**

## **TIGER PALACE RESORT BHAIRAHAWA RUPANDEHI**

**POSITION: First Aid Officer**  
**From: 25/03/2018 till 25/03/2020**

- Clearly assessing the accident or incident with exact time, place and severity of incident details.
- Identifying hazards and risks and its' minimisation.
- Controlling cross contamination of infections.
- Calmly reassuring casualty and provide basic physical and emotional support to relieve from pain.
- Provide minimal side effects medicines for basic treatment as first aid services.
- Monitor vital signs and maintain proper recordings of all documentations.
- Manage the incident and ensure the continuing of safety and referral to hospitals for further medical services.
- Assess any casualties and provide basic first aid treatment according to severity.
- Proper recordings and reporting by maintaining the incident reports after all procedures completed.

- Proper handover about the incident happened to another staff in the next shift.

**Nepal Health Clinic**

**Kathmandu Mid Baneshwor**

**Position: Clinical Nurse**

**From: 7th June 2015 to 6th June 2016**

- Assist gynecologists and obstetricians in treating mothers for ANC visit.
- Educate and counsel to patients and their families on birth controlling and safe motherhood practices.
- Educate women on pre-natal health and related problems during pregnancy.
- Developing safe and effective nursing practices, policies and procedures in the working place.
- Assess and monitor the vital signs and recording in the patient's ANC visit files.
- Administering emergency medication prescribed by doctors as needed.
- Assist to radiologist to perform ultrasound imaging and recording in the computer for their report cards.
- Allocating staff and resources in suitable places for proper management services.
- Consulting with patients and their families to get effective health services and managing health related problems.
- Staying up to date with the latest developments in nursing practice and contributing to medical research.

**International Friendship Children's Hospital Kathmandu**

**Position: STAFF NURSE**

**Since 20<sup>th</sup> April 2013 to 21<sup>st</sup> April 2014**

- Assess patients prior to procedure and maintain stability with comfortable position.

- Assist to doctors as needed and prepare patients in the procedure room.
- Monitor patients' vital signs and administer medicines prescribed by doctors on duty.
- Provide effective nursing care to the patients for treatment.
- Adhere to safety standards and precautions at working place.
- Maintain documentation by proper recordings and reporting after procedures.
- Work with team of emergency staffs to provide effective nursing care.
- Help transferring to patients to other wards for further treatment.
- Provide physical and emotional support to the patients and their families as needed.

#### Education:

Shree Tribhuvan Higher Secondary School --- 73% (S.L.C)  
Passed Year : 2007

ST. Lawrence H.S.S ---- 67.80% ( Higher Education)  
Passed Year : 2009

Janakpur Nursing Campus ----- 83.92% ( PCL Nursing)  
Passed Year : 2012

Visa status: 482 Temporary Short Skilled Worker Visa.

Availability: Full time worker

NNC Registration No: 20403

Issued Date: 24th Feb 2013  
Expired Date: 23rd Feb 2025

#### References:

1. Ranju Rimal

Registered Nurse in St.George Hospital Kogarah)

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2. Muna Maharjan

Register Nurse in St.Patrick's Green Aged Care Kogarah)

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