Apekshya Devkota

Address: 1406/18 Harrow Road, Auburn, NSW, 2144

Phone number: 0451927791

Email address: appudevkota05@gmail.com

Qualification: Certificate IV in Aged Care

<u>Work experience</u>: Volunteering in Auburn Glen Care Community, Northumberland Road, Auburn, NSW.

Skills and Duties:

Assist clients as required with:

- Communicate and interact with clients in a respectful manner, whilst promoting freedom of choice and protecting their dignity.
- Personal care : Feeding, showering, dressing , shaving, toileting and assisting with continence aids following health and safety guidelines.
- Manual handling : Transferring from bed to chair, assisting in and out of vehicles.
- Assistance with appliances (hearing aids, spectacles, artificial limbs, dentures).
- Ensure clients are provided with high-quality personal care, health, security, accommodation and safety that meets their needs, abilities and preferences.

 Domestic duties like making bed of the person with care needs, essential laundering for disabled person.

Certifications

First Aid Certification

CPR Certification

Manual Handling Certification

Education

Completed Bachelor of dental surgery(BDS) from Chitwan Medical college, Bharatpur, Chitwan, Nepal.

Reference:

- Uma Kc (Registered nurse , Auburn glencare community) Email: <u>kcuma2002@yahoo.com</u> Mobile number: 0430773547
- Uddhab Pokharel (Registered nurse, Director of Encourage training college)
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