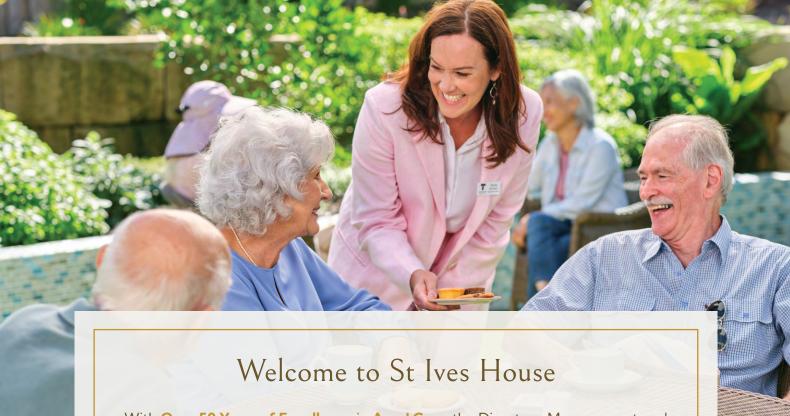


# ST IVES HOUSE

Luxury Aged Care Living





With Over 50 Years of Excellence in Aged Care, the Directors, Management and staff at Thompson Health Care invite you to discover luxury in Aged Care Living.

Nestled in the prestigious suburb of St Ives on Sydney's Upper North Shore, this luxurious residence offers the perfect blend of refined living and natural serenity. Conveniently placed amid many elegant homes, the location combines the charm of a peaceful suburban lifestyle with easy access to both the city and the region's stunning natural landscapes.





St Ives House, a state-of-the-art aged care home, opened its doors to new residents in June of 2024, seamlessly blending modern features and timeless styles to create one of the most desirable homes in Sydney's north. Meticulously and expertly designed, St Ives House accommodates the expectations of residents accustomed to an elevated standard of living.

Residents can relax in spacious, beautifully designed single and double rooms, each with a private ensuite. Large windows fill the space with natural light and offer picturesque views of the expertly landscaped gardens. Every suite is equipped with a state-of-the-art king single bed, a flatscreen TV, Wi-Fi, and air conditioning for maximum comfort.







St Ives House offers a range of **charming outdoor areas** that provide the perfect setting for residents to take in some fresh air or chat with others. The attended café on the property also offers a range of refreshments, too.

We're committed to understanding and meeting every resident's personal health and well-being needs. That means carefully tailored individual care plans, the chance for residents to choose their own doctor – and take advantage of easy onsite access to allied health professionals such as dental, physiotherapy, podiatry and optometry.





# **Dining Experience**

There's a variety of delicious and nutritious meals on the menu at St Ives House, created by our Hospitality Services Team and dietician. Meals are prepared by our in-house professional chef using fresh seasonal produce, and a choice of dishes will be offered at breakfast, lunch and dinner, designed to cater to all tastes.

Residents can choose one of our many dining rooms for meals or opt for room service. There's also a private dining room which can be used when entertaining guests or for special family celebrations.



# **Gardens and Courtyards**

Idyllic landscaped gardens and courtyards provide enchanting outdoor spaces where residents can either sit and relax quietly in the sun or share an afternoon tea with friends.



# Wellbeing and Lifestyle

Our 7-Day Wellbeing Program is designed to maintain the health and wellness of our residents, offering a carefully curated selection of activities. From fitness sessions and peaceful garden strolls to high teas and happy hours, every day brings new opportunities for connection and enjoyment. Residents can indulge in live entertainment, creative art classes, soothing meditation, and aromatherapy massages—each experience thoughtfully tailored to promote wellbeing and relaxation in a truly luxurious setting.

Regular bus outings in our Mercedes Benz bus takes our residents out to explore interesting local attractions. Additional features include our dedicated arts and crafts studio, an inviting in-house cinema, and a beautifully appointed hair salon—all set within stylish, contemporary interiors.

Residents can choose as many activities as they wish or enjoy the privacy of their own suite.



#### Café

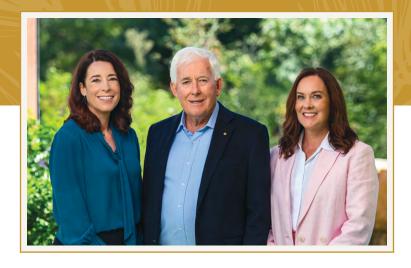
Our attended café is the heart of the home—a warm and inviting space where residents can gather or welcome visiting family and friends, with coffee, tea, and freshly served cakes always on offer.











# A Message from Doug Thompson and the Thompson Family

On behalf of my family and everyone at Thompson Health Care, I warmly welcome you to St Ives House.

We have thoughtfully designed this home to be a beautifully appointed residence that supports your lifestyle with comfort, warmth, and the attention you deserve. Our team is committed to upholding the highest standards of personalised care, delivered with dignity and respect — values that are at the heart of everything we do.

It is our privilege to have you as part of the Thompson Health Care family, and we are committed to ensuring your time here is filled with comfort, companionship, and exceptional care.

## Contact St Ives House

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