



AUGUST 2024 ACTIVITY CALENDAR - CHELTENHAM HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Additional activities:-		1	2	3	4
	Seasonal Gardening Library visit:- Monthly Walk & Talk (By appointment) Catholic church visit- Fortnightly Aromatherapy :- Wednesdays Hairdresser - Thursdays		10:00 Bus trip 10:30 Coffee club 11:00 Excercises to music 1:30 Live music entertainment 2:00 Happy Hour 2:30 Movie- Travel DVD 3:00 Board games & puzzles in café	10:30 Coffee club 11:00 Excercises to music 1:30 Sing along 2:30 Anglican online service 2:30 Movie 3:00 Board games & puzzles in café	10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	10:30 Coffee club 11:00 Excercises to music 11:30 Songs of praise 1:30 Carpet bowls 2:30 Movie 3:00 Walk and talk
5	6	7	8	9	10	11
10:30 Coffee club 10:30 In-Room Word game Distributed 11:00 Excercises to music 1:30 Colouring 1:30 Quoits 2:30 Movie 3:00 Hydration trolley	10:30 Coffee club 10:30 Room visits 11:00 Carpet bowls 1:30 Bus trip 1:30 Bingo 2:30 Movie 3:00 Walk and talk	10:30 Coffee club 10:30 Room visits 11:00 Quiz 1:30 Jewellery making 1:30 Basket ball 3:00 Aromatherapy spa 3:00 Board games & puzzles in café	10:00 Bus trip 10:30 Coffee club 11:00 Excercises to music 1:30 Live music entertainment 2:00 Happy Hour 2:30 Movie- Travel DVD 3:00 Board games & puzzles in café	10:30 Coffee club 11:00 Excercises to music 1:30 Sing along 2:30 Anglican online service 2:30 Movie 3:00 Board games & puzzles in café	10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	10:30 Coffee club 11:00 Excercises to music 11:30 Songs of praise 1:30 Carpet bowls 2:30 Movie 3:00 Walk and talk
12	13	14	15	16	17	18
10:30 Coffee club 10:30 In-Room Word game Distributed 11:00 Excercises to music 1:30 Knit and Purl 1:30 Quoits 2:30 Movie 3:00 Hydration trolley	10:30 Coffee club 10:30 Room visits 11:00 Carpet bowls 1:30 Bus trip 1:30 Bingo 2:30 Movie 3:00 Walk and talk	10:30 Coffee club 10:30 Room visits 11:00 Armchair travel 1:30 Jewellery making 1:30 Bean bag toss 3:00 Aromatherapy spa 3:00 Board games & puzzles in café	10:00 Bus trip 10:30 Coffee club 11:00 Excercises to music 1:30 Live music entertainment 2:00 Happy Hour 2:30 Movie- Travel DVD 3:00 Board games & puzzles in café	10:30 Coffee club 11:00 Excercises to music 1:30 Sing along 2:30 Anglican online service 2:30 Movie 3:00 Board games & puzzles in café	10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	10:30 Coffee club 11:00 Excercises to music 11:30 Songs of praise 1:30 Carpet bowls 2:30 Movie 3:00 Walk and talk
19	20	21	22	23	24	25
10:30 Coffee club 10:30 In-Room Word game Distributed 11:00 Excercises to music 1:30 Colouring 1:30 Quoits 2:30 Movie 3:00 Hydration trolley	10:30 Coffee club 10:30 Room visits 11:00 Carpet bowls 1:30 Bus trip 1:30 Bingo 2:30 Movie 3:00 Walk and talk	10:30 Coffee club 10:30 Room visits 11:00 Excercises to music 1:30 Residents meeting 3:00 Aromatherapy spa 3:00 Board games & puzzles in café	10:00 Bus trip 10:30 Coffee club 11:00 Excercises to music 1:30 Live music entertainment 2:00 Happy Hour 2:30 Movie- Travel DVD 3:00 Board games & puzzles in café	10:30 Coffee club 11:00 Excercises to music 1:30 Sing along 2:30 Anglican online service 2:30 Movie 3:00 Board games & puzzles in café	10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	10:30 Coffee club 11:00 Excercises to music 11:30 Songs of praise 1:30 Carpet bowls 2:30 Movie 3:00 Walk and talk
26	27	28	29	30	31	
10:30 Coffee club 10:30 In-Room Word game Distributed 11:00 Excercises to music 1:30 Knit and Purl 1:30 Quoits 2:30 Movie 3:00 Hydration trolley	10:30 Coffee club 10:45 Catholic church visit 11:00 Carpet bowls 1:30 Bus trip 1:30 Bingo 2:30 Movie 3:00 Walk and talk	10:30 Coffee club 10:30 Room visits 11:00 Quiz 1:30 Jewellery making 1:30 Basket ball 3:00 Aromatherapy spa 3:00 Board games & puzzles	10:00 Bus trip 10:30 Coffee club 11:00 Excercises to music  2:30 Father's day High Tea	10:30 Coffee club 11:00 Excercises to music 1:30 Piano recital & Sing along 2:30 Anglican online service 2:30 Movie 3:00 Board games & puzzles	10:30 Coffee club 11:00 Excercises to music 1:30 Bingo 2:30 Movie 3:00 Walk and talk	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE