



THOMPSON
HEALTH CARE

JUNE 2024 ACTIVITY CALENDAR - BOWRAL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>	<p></p> <p>2nd - Leonie 15th - Rod</p>	<p></p>			<p>10.45 Bingo </p> <p>2.00 Gentle exercise and quiz</p>	<p>2 SKYPE CALLS Individual visits </p> <p>2.00 Conversation Hour ABC Radio Podcast</p>
<p>3 10.45 Sing along </p> <p>2.00 - Concert Maureen & Bruce</p>	<p>4 10.45 Exercise to music</p> <p>2.00 - Games 2.00 Pet Therapy</p>	<p>5 10.45 Newsgroup </p> <p>2.00 - Bus Trip 2.00 Bingo</p>	<p>6 10.45 - Quiz </p> <p>2.00 Physiotherapy FALLS PREVENTION CLASS </p>	<p>7 10.45 Seated Movement 10.45 Catholic Communion </p> <p>2.00 Milk Bar</p>	<p>8 10.45 Bingo </p> <p>2.00 Gentle exercise and quiz</p>	<p>9 SKYPE CALLS Individual visits </p> <p>2.00 Conversation Hour ABC Radio Podcast</p>
<p>10 10.45 Sing along </p> <p>2.00 - Quiz</p>	<p>11 10.45 Exercise to music </p> <p>2.00 - Resident meeting 2.00 Pet Therapy</p>	<p>12 10.45 Newsgroup </p> <p>2.00 - Bus Trip 2.00 Bingo</p>	<p>13 10.45 - Quiz </p> <p>2.00 Physiotherapy FALLS PREVENTION CLASS</p>	<p>14 10.45 Seated Movement 10.45 Catholic Communion </p> <p>2.00 Put putt golf</p>	<p>15 10.45 Bingo </p> <p>2.00 Gentle exercise and quiz</p>	<p>16 SKYPE CALLS Individual visits </p> <p>2.00 Conversation Hour ABC Radio Podcast</p>
<p>17 10.45 Sing along </p> <p>2.00 Board Games</p>	<p>18 10.45 Exercise to music </p> <p>2.00 Great Thoughts Discussion Group 2.00 - Pet therapy</p>	<p>19 10.45 Newsgroup </p> <p>2.00 - Bus Trip 2.00 Bingo</p>	<p>20 11.00 - St Jude's Communion Service </p> <p>2.00 Physiotherapy FALLS PREVENTION CLASS</p>	<p>21 10.45 Seated Movement 10.45 Catholic Communion </p> <p>2.00 Ice cream bar</p>	<p>22 10.45 Bingo </p> <p>2.00 Gentle exercise and quiz</p>	<p>23 SKYPE CALLS Individual visits </p> <p>2.00 Conversation Hour ABC Radio Podcast</p>
<p>24 10.45 Sing along </p>	<p>25 10.45 Exercise to music </p> <p>1.30 - Birthday party Concert With Stan 2.00 - Pet Therapy</p>	<p>26 10.45 Newsgroup </p> <p>2.00 Paul Leventhal Ph.D Guitar Performance Classical Gas</p>	<p>27 10.45 - Quiz </p> <p>2.00 Physiotherapy FALLS PREVENTION CLASS </p>	<p>28 10.45 Seated Movement 10.45 Catholic Communion </p> <p>2.00 Put putt golf</p>	<p>29 10.45 Bingo </p> <p>2.00 Gentle exercise and quiz</p>	<p>30 SKYPE CALLS Individual visits </p> <p>2.00 Conversation Hour ABC Radio Podcast</p>