



THOMPSON  
HEALTH CARE

# MAY 2024 ACTIVITY CALENDAR - MACLEAY VALLEY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>In House TV each day</b> Channel 700, 701, 702, 703 Channel 704, 705</p>		<p>1</p> <p>9.00 - Walking Group 9.30 - Coffee and Kiosk in Café 10.00 - Catholic Church Service 10.30 - Table Games 10.30 - 1:1 Support Visits 2.00 - Residents and Relatives Meet followed by Music and Milkshakes</p>	<p>2</p> <p>9.30 - Coffee in the Café 10.30 - Bus outing - luncheon 10.30 - Craft in Craft Room 1.30 - Movie in Cinema 3.15 - Library Trolley Visits</p>	<p>3</p> <p>9.30 - Coffee in the Café 10.30 - Morning tea on the verandah 11.00 - Church Karoke 2.00 - Happy Hour</p>	<p>4</p> <p>10.20 - Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie</p>	<p>5</p> <p>9.00 - Church Karaoke 10.20 - Table Games Independent Activities 1.00 - Afternoon Movie</p>
<p>6</p> <p>Hairdresser &amp; Beautician 9.00 - Walking Group 9.30 - Coffee in the Café 10.00 - Euchre 10.00 - Craft Group 2.00 - Bingo</p>	<p>7</p> <p>9.30 - Coffee in Cafe 10.00 - Mindful Meditation 10.30 - Fun art 2.00 - Falls Prevention Eercises 2.00 - Fun with words</p>	<p>8</p> <p>9.30 - Coffee and Kiosk in Café 10.30 - Residents memorial service 1.30 - Residents and Relatives meeting 2.00 - Drumming</p>	<p>9</p> <p>9.30 - Coffee in the Café 10.30 - Carpet Bowls 11.00 - Bus outing - luncheon 1.30 - Movie in Cinema 3.15 - Library Trolley Visits</p>	<p>10</p> <p>9.30 - Coffee in the Café 10.30 - Relaxing pampering 11.00 - Church Karoke 2.00 - Happy Hour</p>	<p>11</p> <p>10.20 - Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie</p>	<p>12</p> <p>9.00 - Church Karaoke 10.20 - Table Games Independent Activities 1.00 - Afternoon Movie</p>
<p>13</p> <p>Hairdresser &amp; Beautician 9.00 - Walking Group 9.30 - Coffee in the Café 10.00 - Humanitarian Clowns 10.00 - Euchre 10.00 - Craft Group 2.00 - Armchair Travel</p>	<p>14</p> <p>9.30 - Coffee in the Cafe 10.00 - Mindful Meditation 10.30 - Bingo 2.00 - Falls prevention exercises 2.00 - Quizzes</p>	<p>15</p> <p>9.00 - Walking Group 9.30 - Coffee in the Café 10.30 - New residents welcome morning tea 2.00 - Music and Milkshakes</p>	<p>16</p> <p>9.30 - Coffee in the Café 10.30 - Chair hockey 10.30 - Bus Outing - luncheon 1.30 - Movie in Cinema 3.15 - Library Trolley Visits</p>	<p>17</p> <p>9.30 - Coffee in the Café 10.45 - Discussion group 11.00 - Church Karoke 2.00 - Happy Hour</p>	<p>18</p> <p>10.20 - Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie</p>	<p>19</p> <p>9.00 - Church Karaoke 10.20 - Table Games Independent Activities 1.00 - Afternoon Movie</p>
<p>20</p> <p>Hairdresser &amp; Beautician 9.00 - Walking Group 9.30 - Coffee in the Café 10.00 - Euchre 10.00 - Craft Group 2.00 - Bingo</p>	<p>21</p> <p>9.30 - Coffee in Cafe 10.00 - Mindful Meditation 10.30 - Carpet bowls 2.00 - Falls prevention exercises 2.00 - Quizzes</p>	<p>22</p> <p>9.00 - Walking Group 9.30 - Coffee and Kiosk in Café 10.30 - Volunteers Week morning tea 2.00pm - Drumming 3.30 - Residents Committee Meeting</p>	<p>23</p> <p>9.30 - Coffee in the Café 10.30 - Seated Exercises 10.30 - Scenic Bus Outing 10.30 - Nerf shooting 1.30 - Scenic Bus outing 2.00 - Movie in the cinema 3.15 - Library Trolley</p>	<p>24</p> <p>9.30 - Coffee in the Café 10.45 - Story circle 11.00 - Church Karoke 2.00 - Happy Hour</p>	<p>25</p> <p>10.20 - Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie</p>	<p>26</p> <p>9.00 - Church Karaoke 10.20 - Table Games 11.15 - Anglican Curuch Service Independent Activities 1.00 - Afternoon Movie</p>
<p>27</p> <p>Hairdresser &amp; Beautician 9.00 - Walking Group 9.30 - Coffee in the Café 10.00 - Euchre 10.00 - Humanitarian Clowns 10.00 - Craft Group 2.00 - Armchair Travel</p>	<p>28</p> <p>9.30 - Coffee in Cafe 10.00 - Mindful Meditation 10.30 - Bingo 2.00 - Falls Prevention Eercises 2.00 - Fun with words</p>	<p>29</p> <p>9.00 - Walking Group 9.30 - Coffee and Kiosk in Café 10.30 - Carnival Games 2.00 - Residents birthday party</p>	<p>30</p> <p>9.30 - Coffee in the Café 10.30 - Bus outing - luncheon 10.30 - Craft in Craft Room 1.30 - Movie in Cinema 3.15 - Library Trolley Visits</p>	<p>31</p> <p>9.30 - Coffee in the Café 10.30 - Morning tea on the verandah 11.00 - Church Karoke 2.00 - Happy Hour</p>		