

## MAY 2024 ACTIVITY CALENDAR - BOWRAL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Worlday	racsaay	vvcariesaay	1 2	-	,	5
	A STATE OF THE STA	10.45 Newsgroup	10.45 - Quiz	10.45 Seated Movement	10.45 Bingo	9
# fl P P Y  Mother's  OAY	mony shows	SINGO	?; ?! ?! QUIZ ?! ?; ? GOLF		2.00 Gentle exercise and quiz	SKYPE CALLS  2.00 ABC Conversation
A Control of the Cont		2.00 Bingo 2.00 Bus Trip	2.00 Put putt golf	2.00 Physiotherapy FALLS PREVENTION CLASS		Hour Podcast
6		7	8 9	10	11	12
10.45 Sing along	10.45 Exercise to music	10.45 Newsgroup	10.45 - Quiz	10.45 Seated Movement 10.45 Catholic Communion	10.45 Bingo	MOTHER'S DAY GIFT GIVING SKYPE CALLS
2.00 Ainsley Gift shop	2.00 Sing Australia choir	2.00 Bingo	2.00 Physiotherapy	2.00 Milk Bar	2.00 Gentle exercise and quiz	2.00 ABC Conversation Hour Podcast
		2.00 Bus Trip	FALLS PREVENTION CLASS			
13		•	15 16	· · · · · · · · · · · · · · · · · · ·	18	19
10.45 Sing along	10.45 Exercise to music	10.45 Newsgroup	11.00 - St Jude's Communion Service	10.45 Seated Movement 10.45 Catholic Communion	10.45 Bingo	
HAPPY WAY	QÚIZ 27233	SINGO	† (a) (a) (b) (c) (c) (c) (c) (c) (c) (c) (c) (c) (c	I	2.00 Gentle exercise	SKYPE CALLS
2.00 - Happy Hour	2.00 - Quiz	2.00 Bingo 2.00 Bus Trip	2.00 Physiotherapy FALLS PREVENTION CLASS	2.00 Put putt golf	and quiz	2.00 ABC Conversation Hour Podcast
20			22 23		25	26
10.45 Sing along	10.45 Exercise to music	10.45 Newsgroup	11.00 - St Jude's Communion Service	10.45 Seated Movement 10.45 Catholic Communion	10.45 Bingo	
GAME TME!	2.00 Great Thoughts	SINGO	(a) (b) (c) (c) (c) (c) (c) (c) (c) (c) (c) (c		2.00 Gentle exercise	SKYPE CALLS  2.00 ABC Conversation
2.00 Board Games	Discussion Group	2.00 Bingo 2.00 Bus Trip	2.00 Physiotherapy FALLS PREVENTION CLASS	2.00 Ice cream bar	and quiz	2.00 ABC Conversation Hour Podcast
27	2		29 30	31		
10.45 Sing along	10.45 Exercise to music	10.45 Newsgroup	10.45 - Quiz	10.45 Seated Movement	Japan Sirehday	DUE TO UNFORESEEN CIRCUMSTANCES
HAPPY TA	haPpybirthday	SINGO		COT	2nd - David M 7th - Eily	SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR
2.00 - Happy Hour	1.30 - Birthday party Concert With Stan	2.00 Bingo 2.00 Bus Trip	2.00 Physiotherapy FALLS PREVENTION CLASS	2.00 Put putt golf	25th - Kathleen	CHANGE