

MAY 2024 ACTIVITY CALENDAR - AVALON HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WE WOULD LIKE TO ACKNOWLEDGE THE GADIGAL PEOPLE OF THE EORA NATION, THE TRADITIONAL CUSTODIANS OF THIS LAND, AND PAY OUR RESPECTS TO ELDERS BOTH PAST AND PRESENT.		1 10.30 BALANCE AND STRENGTH 11.00 GAMES (D) 1.30 DOCUMENTARY	2 11:00 ADRIAN'S EXERCISE 11:00 COOKING (D) 1.30 ELVIS CONCERT 	3 10:30 MARIA REGINA SCHOOL VISIT 1.30 GENTLE SEATED EXERCISE	4 11.00 SINGALONG  1.30 BINGO 1.45 SINGALONG (D)	5 11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)
6 11.00 MONDAY MORNING GET TOGETHER 1.30 RESIDENT MEETING 	7 9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 ROOM VISITS 1.30 TRIVIA 	8 10.00 SPECIAL MORNING TEA (D) 10.30 BALANCE AND STRENGTH 1.30 DOCUMENTARY	9 11:00 ADRIAN'S EXERCISE 11:00 SINGALONG (D) 1.30 MOTHERS DAY CONCERT WITH LEYLA	10 10:30 VOLUNTEER MORNING TEA 1.30 CARPET BOWLS 	11 11.00 FIND A WORD  1.30 BINGO 1.45 SINGALONG (D)	12 MOTHERS DAY & NURSES DAY 11.00 SONGS OF PRAISE 1:00 MOTHERS DAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)
13 11.00 MONDAY MORNING GET TOGETHER CELEBRATING OUR NURSES 1.30 CARPET BOWLS 	14 9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 ROOM VISITS 1:30 MURRAY FERGUSON CONCERT	15 10.30 BALANCE AND STRENGTH 11.00 GAMES (D)  1.30 POETRY READING	16 11:00 ADRIAN'S EXERCISE 11:00 COOKING (D) 1:30 BALLOON TENNIS	17 11.00 CHRISTIAN SERVICE 11.00 REMINISCING 1.30 AGELESS MOVES	18 11.00 SINGALONG 1.30 BINGO 1.45 SINGALONG (D)	19 11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)
20 11.00 MONDAY MORNING GET TOGETHER 1.30 ART AND CRAFT	21 9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 ROOM VISITS 1.30 POETRY 2.00 RESIDENT COMMITTEE MEETING	22 10.30 BALANCE AND STRENGTH 10.45 CATHOLIC CHURCH SERVICE (D) 1.30 DOCUMENTARY	23 10:30 CHURCH SERVICE WITH STURT YOUNG 11:00 ADRIAN'S EXERCISE 11:00 SINGALONG (D) 1.30 LYRIC TRIO CONCERT	24 11.00 PAMPERING (D) 11.00 EXERCISE 1.30 SINGALONG 	25 11.00 FIND A WORD  1.30 BINGO 1.45 SINGALONG (D)	26 11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)
27 11.00 MONDAY MORNING GET TOGETHER 1.30 CARPET BOWLS 	28 9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 ROOM VISITS 1.30 TRIVIA 	29 10.30 BALANCE AND STRENGTH 11.00 GAMES (D) 1.30 DOCUMENTARY	30 10:30 BIGGEST MORNING TEA  1:30 PAUL LEVENTHAL CONCERT	31 10:00 MUSIC WITH CARLY (D) 10:30 DRUMMING 1.30 MR BEAN THE MOVIE 3.30 PIANO BAR WITH JULIET		