

APRIL 2024 ACTIVITY CALENDAR - MACLEAY VALLEY

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|---|---|--|---|---|
| <p>1</p> <p>EASTER MONDAY</p> <p>9.00 - Walking Group 9.30 - Coffee in the Café 1.30 - Afternoon Movie</p> | <p>2</p> <p>9.30 - Coffee in Cafe 10.00 - Mindful Meditation 10.30 - Fun games 2.00 - Falls Prevention Exercises 2.00 - Fun with words</p> | <p>3</p> <p>9.00 - Walking Group 9.30 - Coffee and Kiosk in Café 10.30 - Table Games 10.30 - 1:1 Support Visits 1.30 - Residents and Relatives Meet followed by Music and Milkshakes</p> | <p>4</p> <p>9.30 - Coffee in the Café 10.30 - Bus outing - luncheon 10.30 - Craft in Craft Room 1.30 - Movie in Cinema 3.15 - Library Trolley Visits</p>  | <p>5</p> <p>9.30 - Coffee in the Café 10.30 - Morning tea on the veranda 11.00 - Church Karaoke 2.00 - Happy Hour</p>  | <p>6</p> <p>10.20 - Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie</p>  | <p>7</p> <p>9.00 - Church Karaoke 10.20 - Table Games Independent Activities 1.00 - Afternoon Movie</p>  |
| <p>8</p> <p>Hairdresser & Beautician 9.00 - Walking Group 9.30 - Coffee in the Café 10.00 - Euchre 10.00 - Craft Group 2.00 - Bingo</p>   | <p>9</p> <p>9.30 - Coffee in Cafe 10.00 - Mindful Meditation 10.30 - Bingo 2.00 - Falls Prevention Exercises 2.00 - Fun with words</p>  | <p>10</p> <p>9.00 - Walking Group 9.30 - Coffee and Kiosk in Café 10.30 - Residents memorial service 1.30 - Residents and Relatives meeting 2.00 - Drumming</p>  | <p>11</p> <p>9.30 - Coffee in the Café 10.30 - Carpet Bowls 11.00 - Bus outing - luncheon 1.30 - Movie in Cinema 3.15 - Library Trolley Visits</p>  | <p>12</p> <p>9.30 - Coffee in the Café 10.30 - Relaxing pampering 11.00 - Church Karaoke 2.00 - Happy Hour</p>  | <p>13</p> <p>10.20 - Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie</p>  | <p>14</p> <p>9.00 - Church Karaoke 10.20 - Table Games Independent Activities 1.00 - Afternoon Movie</p>  |
| <p>15</p> <p>Hairdresser & Beautician 9.00 - Walking Group 9.30 - Coffee in the Café 10.00 - Humanitarian Clowns 10.00 - Euchre 10.00 - Craft Group 2.00 - Armchair Travel</p> | <p>16</p> <p>9:30 - Coffee in the Cafe 10.00 - Mindful Meditation 10.30 - Bingo 2.00 - Falls prevention exercises 2.00 - Quizzes</p>  | <p>17</p> <p>9.00 - Walking Group 9.30 - Coffee in the Café 10.30 - Table Games 2.00 - Music and Milkshakes</p>  | <p>18</p> <p>9.30 - Coffee in the Café 10.30 - Chair hockey 10.30 - Bus Outing - luncheon 1.30 - Movie in Cinema 3.15 - Library Trolley Visits</p>  | <p>19</p> <p>9.30 - Coffee in the Café 10.45 - Discussion group 11.00 - Church Karaoke 2.00 - Happy Hour</p>  | <p>20</p> <p>10.20 - Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie</p>  | <p>21</p> <p>9.00 - Church Karaoke 10.20 - Table Games Independent Activities 1.00 - Afternoon Movie</p>  |
| <p>22</p> <p>Hairdresser & Beautician 9.00 - Walking Group 9.30 - Coffee in the Café 10.00 - Euchre 10.00 - Craft Group 2.00 - Bingo</p>  | <p>23</p> <p>9.30 - Coffee in Cafe 10.00 - Mindful Meditation 10.30 - Carpet bowls 2.00 - Falls prevention exercises 2.00 - Quizzes</p>   | <p>24</p> <p>9.00 - Walking Group 9.30 - Coffee and Kiosk in Café 10.30 - Carnival Games 2.00 - Residents birthday party</p>  | <p>25</p> <p>ANZAC DAY</p> <p>9.30 - Coffee in the Café ANZAC Day service viewing</p>  | <p>26</p> <p>9.30 - Coffee in the Café 10.45 - Story circle 11.00 - Church Karaoke 2.00 - Happy Hour</p>  | <p>27</p> <p>10.20 - Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie</p>  | <p>28</p> <p>9.00 - Church Karaoke 10.20 - Table Games Independent Activities 1.00 - Afternoon Movie</p>  |
| <p>29</p> <p>Hairdresser & Beautician 9.00 - Walking Group 9.30 - Coffee in the Café 10.00 - Euchre 10.00 - Humanitarian Clowns 10.00 - Craft Group 2.00 - Armchair Travel</p> | <p>30</p> <p>9.30 - Coffee in Cafe 10.00 - Mindful Meditation 10.30 - Bingo 2.00 - Falls Prevention Exercises 2.00 - Fun with words</p> | | | | | <p>In House TV each day Channel 700, 701, 702, 703 Channel 704, 705</p> |