



# APRIL 2024 ACTIVITY CALENDAR - BOWRAL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>1</p> <p><b>EASTER MONDAY</b> 10.45 Sing along</p>  <p>2.00 Board Games</p>	<p>2</p> <p>10.45 Exercise to music</p>  <p>2.00 - Pet Therapy 2.00 - Quiz</p>	<p>3</p> <p>10.45 Newsgroup</p>  <p>2.00 - Bus Trip 2.00 Bingo</p>	<p>4</p> <p>10.45 - Quiz</p>   <p>2.00 Physiotherapy <b>FALLS PREVENTION CLASS</b></p>	<p>5</p> <p>10.45 Seated Movement 10.45 Catholic Communion</p>  <p>2.00 Put putt golf</p>	<p>6</p> <p>10.45 Bingo</p>  <p>2.00 Gentle exercise and quiz</p>	<p>7</p> <p>10.15 Church Service You Tube SKYPE CALLS</p> <p>2.00 ABC Conversation Hour Podcast</p> 
<p>8</p> <p>10.45 Sing along</p>  <p>2.00 - Maureen &amp; Bruce <b>Concert</b></p>	<p>9</p> <p>10.45 Exercise to music</p>  <p>2.00 - Pet Therapy <b>2.00 - Resident Meeting</b></p>	<p>10</p> <p>10.45 Newsgroup</p>  <p>2.00 - Bus Trip 2.00 Bingo</p>	<p>11</p> <p>10.45 - Quiz</p>   <p>2.00 Physiotherapy <b>FALLS PREVENTION CLASS</b></p>	<p>12</p> <p>10.45 Seated Movement 10.45 Catholic Communion</p> <p>2.00 Milk Bar</p>	<p>13</p> <p>10.45 Bingo</p>  <p>2.00 Gentle exercise and quiz</p>	<p>14</p> <p>10.15 Church Service You Tube SKYPE CALLS</p> <p>2.00 ABC Conversation Hour Podcast</p> 
<p>15</p> <p>10.45 Sing along</p>  <p>2.00 - Happy Hour</p>	<p>16</p> <p>10.45 Exercise to music</p>  <p>2.00 - Quiz</p>	<p>17</p> <p>10.45 Newsgroup</p>  <p>2.00 - Bus Trip 2.00 Bingo</p>	<p>18</p> <p>10.45 - Quiz</p>   <p>2.00 Physiotherapy <b>FALLS PREVENTION CLASS</b></p>	<p>19</p> <p>10.45 Seated Movement 10.45 Catholic Communion</p> <p>2.00 Put putt golf</p>	<p>20</p> <p>10.45 Bingo</p>  <p>2.00 Gentle exercise and quiz</p>	<p>21</p> <p>10.15 Church Service You Tube SKYPE CALLS</p> <p>2.00 ABC Conversation Hour Podcast</p> 
<p>22</p> <p>10.45 Sing along</p>  <p>2.00 Board Games</p>	<p>23</p> <p>10.45 Exercise to music</p> <p><b>2.00 Great Thoughts Discussion Group</b></p>	<p>24</p> <p><b>11.00 Anzac Day Service with RSL members</b> First floor lounge room</p> <p>2.00 - Bus Trip 2.00 Bingo</p>	<p>25</p> <p>11.00 - St Jude's Communion Service</p> <p><b>ANZAC DAY</b></p> <p>2.00 Physiotherapy <b>FALLS PREVENTION CLASS</b></p>	<p>26</p> <p>10.45 Seated Movement 10.45 Catholic Communion</p> <p>2.00 Put putt golf</p>	<p>27</p> <p>10.45 Bingo</p>  <p>2.00 Gentle exercise and quiz</p>	<p>28</p> <p>10.15 Church Service You Tube SKYPE CALLS</p> <p>2.00 ABC Conversation Hour Podcast</p> 
<p>29</p> <p>10.45 Sing along</p>  <p>2.00 - Happy Hour</p>	<p>30</p> <p>10.45 Exercise to music</p>  <p>1.30 - Birthday party Concert With Stan 2.00 - Pet Therapy</p>	 <p><b>LEST WE FORGET</b></p>	<p><b>ANZAC DAY</b></p> 		 <p>6th - Molly R 19th - Alan T 25th - Judy L 29th - Noreen</p>	<p><b>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</b></p>