

#### **Greetings from the DON**

#### Hello and Welcome,

Dear Residents, Families, and Friends,

As the warm embrace of summer surrounds us, we are delighted to share the latest news and updates from Boronia House. It's been a vibrant season filled with joy, engagement, and a plethora of activities designed to enhance the well-being of our cherished residents. Summer is a time for celebration, and we've embraced it wholeheartedly at Boronia House. From delightful garden parties to engaging outdoor games, our residents have been soaking up the sunshine and making the most of the beautiful weather. We prioritise the health and well-being of our residents above all else.

This summer, our wellness programs have been in full swing, offering a variety of activities tailored to promote physical fitness, mental agility, and emotional balance.

In closing, we extend our warmest wishes for a joyful and rejuvenating summer season. Thank you for being a part of the Boronia House family, please feel free to contact us for any queries, feedback and compliments.

Kind regards Sonu Poudel



#### **Residents Christmas party:**

Residents Christmas was a very happy occasion with all the trimmings from the decorations, Table setting to the food and entertainment. Residents were so excited and expressed their joy and thank you to staff and Rao team for making their Christmas party so enjoyable for the festive season.









































We had a very special visit from Santa and his little helper,

Thank you, Stephen Richards, for being Santa.



















Christmas Craft and gingerbread house making

















#### **Celebrations:**

#### Eileen 100<sup>th</sup> birthday:

Eileen Christina McGovern was born at Petersham N.S.W on the 9<sup>th</sup> of January ,1924.

She grew up in Leichhardt N.S.W with her parents and three siblings. Living through the depression was difficult, her father was a World War One Disabled Veteran and not able to work. Eileen was the second eldest and the first to work after leaving school at 15.

Eileen was very athletic in her youth, being a great swimmer and grade tennis player which she continued to enjoy throughout her early years of marriage.

Eileen married Jim Bray in 1946 after the end of World War Two where Jim severed in the military campaign of New Guinea. They moved to their marital home at Greenacre N.S.W in 1950. Her husband died in 1965, she raised her two children as a widow on a war widows' pension and later took up part-time work at a printing business. Eileen worked there for many years.

She became a grandmother at 48 and a great grandmother at the age 72. Eileen moved to Penrith in 1996 to her own retirement villa and eventually moved to Boronia House Nursing Home at North St Marys in late 2019.

This year 2024, Eileen celebrated her 100<sup>th</sup> birthday with the wonderful party attended by staff and fellow residents. Eileen was very grateful and has made fond memories of her 100<sup>th</sup> birthday.









#### **Resident's contribution:**

Hi, my name is Herman I have been in Boronia for 2 years now, I came from Rocheford Retirement Village in Ropes Crossing which I lived there for 9 years after my wife Wilhelmina passed.

I was married for 53 years to my wife, and we had 5 children, Carol, Alan, Kevin, Noelene and Richard. I have 10 grandchildren, 4 step grandchildren, 3 great grandchildren. In our married life we have lived in many areas, Bankstown, Woy Woy, Orange, Dundas, Auburn, Parramatta and then Hazelbrook.

In my work life I was a fabricator, kitchen maker, window installer, carpet cleaner and a delivery man. I was very handy with my hands, and I renovated many of our family homes. So, you can call me a Jack of all trades.

My hobbies included throughout my life are Dutch billiards, Lawn bowls, Playing Rummikub, cards and gardening. I really enjoy the bus outings exercising and going to church.

I really like the food here at Boronia House. Thank you for looking after me.



Herman Brookhouse

#### **Bus trips Highlights:**

Residents of Boronia House enjoy a variety of weekly bus trips to various locations, usually ending the trip with a cuppa and some treats. Everyone always enjoys being out in the fresh air, taking in the wonderful scenery and basking in the sunshine.





















#### Australia Day celebrations:

Australia Day celebrations were a lot of fun for the resdients at Boronia House. Starting with beach volleyball, thong toss and pin the tail on the kangaroo, with lots of laughs and fun had by all. Followed by afternoon happy hour concert with Dale singing Australia songs and good old Aussie tucker.



































**Craft:** 

#### Gardening groups:

Residents Gardening Group, project and freshening up the pots out the front of the facility with coloured flowers to brighten everyone's day.





# as they are challenged with new craft activities relating to a certain theme all while having fun!

Here we have residents celebrating Waitangi Day, Valentine's Day and Lunar new year. These are often used as decorations throughout the facility.

Our Boronia House residents enjoy our weekly

craft sessions. This is beneficial for the residents









### Activities:





















































































Jean Vranich: Community Knitters group continues support donating blankets for our residents throughout the year.

Ainsley collection: Carole and Ron for their beautiful donations to Boronia House for our seasonal lucky door prizes.

Caroline Chisham Collage for the beautiful handwritten cards for Christmas.

Robyn Allan: For donating Blankets for our residents at Boronia House most appreciated.

Our community cares group Kris Gauci for supporting and donating presents to our female and male residents at Christmas time.

Dennis Collens OLRC catholic church (chat group) ladies' group on Wednesday.

Mick O'Reilly: Train wreck band of exserviceman from the post St Marys Group for entertaining our residents and bringing joy to Boronia House.

Catholic church: Father Brendan.

Anglican Church: Trent Sutcliffe.

**Upcoming Events:** 

St Patricks Day 17<sup>th</sup> March Harmony Day 21<sup>st</sup> March Good Friday 29<sup>th</sup> March Easter Sunday 31<sup>st</sup> March

