





















APRIL 2024 ACTIVITY CALENDAR - AVALON HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
EASTER MONDAY	2	3	4	5	6	7
11.00 MONDAY MORNING GET TOGETHER 1.30 CARPET BOWLS	9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 ROOM VISITS 1.30 ANDRE RIEU DVD	10.30 BALANCE AND STRENGTH 11.00 GAMES (D)  1.30 BUS TRIP 1.30 DOCUMENTARY	11:00 ADRIAN'S EXERCISE 11:00 COOKING (D) 1.30 CONCERT WITH HUGH MORAN	11:00 PAMPERING (D) 11:00 EXERCISE  1.30 BUS TRIP 1:30 BALLOON TENNIS	11.00 SINGALONG  1.15 BINGO 1.45 SINGALONG (D)	11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)
8	9	10	11	12	13	14
11.00 MONDAY MORNING GET TOGETHER 1.30 RESIDENT MEETING 	9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 ROOM VISITS 1.30 POETRY READING 	10:00 CAKES & COFFEE (D) 10.30 BALANCE AND STRENGTH  1:30 BUS TRIP 1.30 DOCUMENTARY	11:00 ADRIAN'S EXERCISE 11:00 SINGALONG (D) 1.30 CONCERT WITH RODERIC	11:00 PAMPERING (D) 11:00 EXERCISE  1.30 BUS TRIP 1:30 CARPET BOWLS	11.00 FIND A WORD  1.15 BINGO 1.45 SINGALONG (D)	11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)
15	16	17	18	19	20	21
11.00 MONDAY MORNING GET TOGETHER 1.30 ART & CRAFT 	9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 ROOM VISITS 1.30 TRIVIA 	10.30 BALANCE AND STRENGTH 11.00 GAMES (D)  1.30 BUS TRIP 1.30 DOCUMENTARY	11:00 ADRIAN'S EXERCISE 11:00 COOKING (D) 1.30 CONCERT WITH ANNETTE	11.00 CHRISTIAN SERVICE 10.30 BUS TRIP 1.30 AGELESS MOVES	11.00 SINGALONG  1.15 BINGO 1.45 SINGALONG (D)	11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)
22	23	24	ANZAC DAY	26	27	28
11.00 MONDAY MORNING GET TOGETHER 1.30 CARPET BOWLS 	9.00 HAIRDRESSER 10.00 PET THERAPY 11.00 ROOM VISITS 1.30 VIVA TRIO CONCERT	10.30 BALANCE AND STRENGTH 10.45 CATHOLIC SERVICE 1.30 BUS TRIP  1.30 DOCUMENTARY	11.00 SINGALONG (D) 11.00 SINGALONG 1.30 ANZAC DAY CHURCH SERVICE 	10:00 MUSIC WITH CARLY (D) 10.30 DRUMMING 1:30 BUS TRIP 1.30 BALLOON TENNIS	11.00 FIND A WORD  1.15 BINGO 1.45 SINGALONG (D)	11.00 SONGS OF PRAISE  1.00 SUNDAY MOVIE & ICE CREAM TROLLEY (ALL RESIDENTS)
29	30	DAILY 9.00-10.30AM NEWSPAPER / MAIL DELIVERY ROOM VISITS COFFEE CLUB 3.45-4.45 HAPPY HOUR		WE WOULD LIKE TO ACKNOWLEDGE THE GADIGAL PEOPLE OF THE EORA NATION, THE TRADITIONAL CUSTODIANS OF THIS LAND, AND PAY OUR RESPECTS TO ELDERS BOTH PAST AND PRESENT.	