

GREETINGS FROM THE DON

Dear Families and friends

We would like to officially welcome Nitish [Nash] to the Turramurra team, Nash is our clinical nurse specialist he comes with a wealth of knowledge and skills. He is looking forward to meeting all our residents' families and friends.

We have introduced a new menu, all our residents have received a copy there are extra copies at reception if you would like one, we have had lots of positive feedback thanks to our wonderful chef Marie.

We continue to value your feedback please complete feedback forms that are located throughout the home or email or ring myself or Nash at any time.

On behalf of all the staff at Turramurra house, we would like to warmly welcome our new residents, their families who have joined Turramurra House in the last few months, we look forward to getting to know you and collaborating together.

Lasting it is with great sadness that we say goodbye to Stephanie our wonderful Rao who has been with us for the last 18 years. Stephanie is moving to the country We wish her all the best and we will all miss her greatly.

Kind regards

Fiona Flood
Director Nursing

Activity highlights

RESIDENT ACTIVITIES



Our BUS TRIPS- are twice a week on Monday and Friday afternoons the bus trips go to many beautiful locations around Sydney, including Woy Woy, Brooklyn, Palm beach our residents love our trips to the harbor where they enjoyed a Cupa and piece of cake.

The residents enjoy being part of our local community and visiting the Turramurra coffee shop,

They can go shopping.

On the 13th March-Weather permitting we are having a picnic at scenic bobbin head which the residents are looking forward to, have bought a picnic basket , have all the food organized,



Cooking classes, residents enjoy our cooking classes probably one of the most popular things they like to make is pikelets and the desert called Eton Mess , Cake making cake decorating and then eating the yummy cake they made

AUSTRALIA DAY CELEBRATIONS

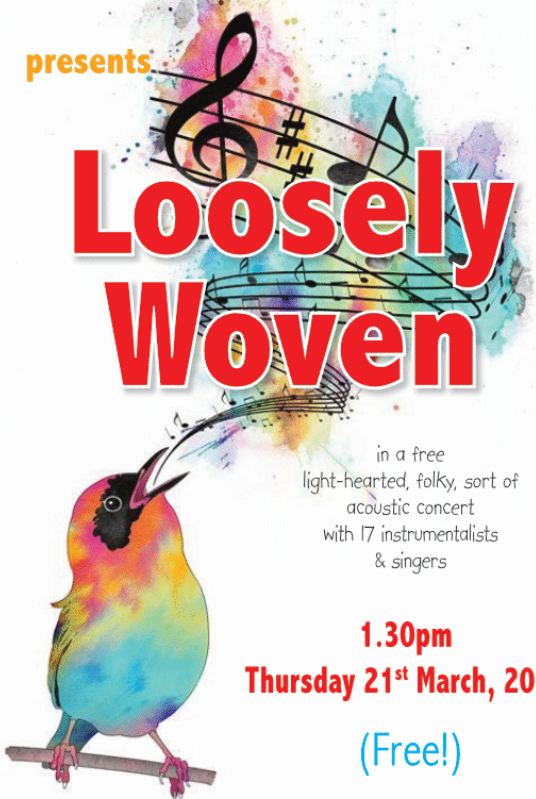
Our lounge rooms were decorated with Australian flags, banners and balloons to mark this special occasion.

Pavlova, lamingtons, Meat pies were served for lunch, then Australia Day was celebrated with an afternoon social tea including Anzac cookies, lamingtons and Tim tams, we had a good Aussie singalong, some jokes and some Australian trivia





Turramurra House
presents



Loosely Woven

in a free
light-hearted, folky, sort of
acoustic concert
with 17 instrumentalists
& singers

1.30pm
Thursday 21st March, 2024
(Free!)

FLOWER ARRANGING remains a very popular activity, we buy a variety of lovely colourful flowers and greenery the ladies make beautiful arrangements for their rooms, and lounge rooms, they also make lovely arrangement for their fellow residents who are unable to attend, they all love fresh flowers in their rooms



Birthdays

We had lots of birthday celebrations during the last few months, Residents who mainly celebrated 90 something include

staff present residents with a birthday a cake then staff and fellow residents sing them happy birthday, present each resident with a birthday tiara along with festive balloons and a card to mark this special occasion

UPCOMING EVENTS

LOOSLEY WOVEN Performance 21st March, They are adhoc troupe of musicians based in Sydney's Northern Beaches who put together and perform 3-4 yrs. free acoustic shows each year, Lucky for us they are coming here for great afternoon of music and dance theatrical fun







