

### Greetings from the DON



I would like to extend a warm welcome our new residents and their families.

As resident numbers grow, we continue to onboard new staff, including our new Deputy Director of Nursing, Febina Johnson. Febina does not replace existing DDON Tony Nghiem but will work

with him in the role. I welcome Febina to the team.

Community transmission of Covid-19 rose over the late Autumn/early Summer period and Hillview House was in Covid-19 outbreak situations after two residents tested positive in December. A massive thank you to our whole team for successfully managing this outbreak. This includes our RN, AINs, NAARs, RAO, Admin, Maintenance, Catering, Laundry and Cleaners all taking responsibility to prevent the spread of infection.

My team and I continue to work with you to ensure that our facility is a safe, supportive and caring environment for our residents.

If you have any questions, concerns, or feedback please do not hesitate to reach out to me or any member of our team.

Jennifer Bennett  
Director of Nursing.

### Get to know our new Deputy Director of Nursing *Febina Johnson*



My name is Febina. I was born and raised in a small village in South India. My parents are farmers, they were very hard-working and taught me and my brother to be humble, kind and grateful. Also, they

were very determined to provide us with the best education to achieve a great career and future.

Honestly, when I was at school, I had no interest in nursing because my RN cousins always used to winge about their profession. When I was in Year 12,

my class teacher recommended me to do nursing. She felt that I can be a good nurse as it suits my personality. However, I didn't even take a minute to think and told her 'I didn't want to be a nurse'.

After my Year 12, my dad's brothers in Australia insisted me to come here to do nursing. I didn't have much choice then. To learn more about this role, I decided to work as an AIN along with my studies. Honestly, it only took two days to change my mind. I started to embrace nursing as a rewarding and emotionally fulfilling profession. It wasn't my workplace anymore, but it was my home away from home.

After working in aged care for 4.5 years in various roles (AIN, RN & Care Manager), I decided to work as a surgical nurse at Gosford hospital for two year to gain more clinical experience. Definitely, I gained a lot of clinical skills, but I was always missing something and realised it was the emotional connection that I always had in aged care. Hence, I decided to come back to my home and here I am at Hillview House.

### Activity Highlights

Unfortunately, many of our group activities were cancelled during December as we took extra precautions to manage the spread of infection during the outbreaks. However, Recreational Activities Officers were able to continue with appropriate one on one activities and room visits and we were able to go ahead with the Resident Christmas Luncheon and celebrate New Years Eve with an afternoon Happy Hour on Level 1, in our beautiful Low Tide Café.



Congratulations and thank you to the catering team for the wonderful Christmas Luncheon enjoyed by residents on December 15.







### *A Visit from Loco the Macaw*

Residents received a surprise visit from a very special guest in February... Loco the Macaw, accompanied by Phil and Maree Rodrick, put on an unforgettable show. Loco showed off his flying prowess, waved a wing to the residents and posed for photos.

Thank you to Phil and Maree for visiting. We look forward to another visit from Loco later in the year.





### Christmas Celebration Concerts



*Christmas Pinky Belles & The Joy Project Choir entertaining residents and family in December.*

Although some of our Christmas entertainment had to be cancelled, we were fortunate to have The Christmas Pinky Belles help us celebrate Christmas and raise money for The McGrath Foundation in December.

The Joy Project Choir, led by Hayley-Jayne Langwith also performed in December.

The Gals (not pictured) added both sparkle and glamour to our December as they tapped danced their way into our hearts.

### Special Moments



Jeff enjoying the Valentine's Day Afternoon High Tea. The cheeky smile is for his beautiful wife Maria, who's help with the clean-up was much appreciated by the RAO team. Thank you, Maria.

Also, a big thank you to our catering team for the wonderful selection of yummy cakes and biscuits made especially for Valentine's Day.

### Upcoming events

- March 17: St Patrick's Day
- March 21: Harmony Day. Embracing Cultural Diversity. Multicultural Celebrations and Theme Day
- March 29 – April 1: Easter
- April 25: ANZAC Day
- Sunday May 12: Mother's Day

### Notices

- Resident & Relative Meetings are held the first Wednesday of the month in the theatre room on Level 2 at 1:30pm.
- Labelling of residents clothing: Please leave clothes and personal items at reception during normal office hours (9am-5pm). Items will be labelled and returned to the residents' room by the next day.