

Greetings from the DON

To all families and friends of Bowral House

We would like to take this opportunity to thank all our families and visitors for their ongoing support and understanding of our Covid Safe Practices.

It has been a challenging year so far, with a two Covid exposures (not outbreaks) and the roll out of our new electronic medication system.

We are thankful to our wonderful and supportive staff, residents, and families of Bowral House as we continue to work hard to meet the new Aged Care Standards.

Also, we continue to have regular visits from the Aged Care Quality and Safety Commission to review our Compliance with all their comprehensive standards.

Coming up in April is the Resident Experience Survey and it is an opportunity to share your views on the care you receive at Bowral House. We hope you can support the good work we do at Bowral House and give good feedback about our facility.

Please come and see me or Joanne about any concerns or compliments you may have so they can be addressed quickly.

Thank you for your ongoing support and appreciation of all our hard-working staff.

Kind Regards

Collette and Joanne

Bowral House

Activity Highlights

AL Fresco dining



Residents have been enjoying the beautiful weather recently dining outdoors in the courtyard, on the veranda overlooking the golf course and the coffee shop terrace.



Bus Trips

Bus trips continue weekly. Residents have enjoyed seeing the Southern Highlands towns, villages and countryside which is very green after a wet summer. We regularly see many animals including horses, alpacas and an echidna. A stop for hot chips at historic Berrima is always enjoyable.

Entertainment and Celebrations

Australia Day was celebrated with an Australian songs play list organized and presented in the lounge on the large tv by resident Harry and later we held an Australian themed quiz. Harry continues to put together a weekly singalong of music from through the decades attended by many residents as they enjoy singing known songs.

Residents have enjoyed concerts with entertainer David Newman and Stan our regular Birthday party entertainer. An afternoon of music with Tom playing harp and piano was very popular. Also Susan and Judith played the piano then surprised us with christmas schnauzers doing tricks.



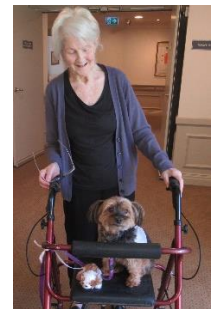
David and Judy were very pleased to receive their photo portfolio.



Pet Therapy

Birthdays

Congratulations to Domitilla who celebrated her 106th birthday in January and Ivy on celebrating her 105th birthday in February.



Betty and Milty pictured celebrating their birthdays.



Mollie, Elaine and Ross are among the many residents who always enjoy a visit with Maryanne and Pet Therapy dog, Ewan.

Residents are enjoying participating in the Current Affairs News Group and contributing their thoughts and observations on current topics. Discussions can become quite lively.

Resident Meetings

Special Moments

Residents were each given a folio of photos of them enjoying various activities and moments at Bowral House.

Bimonthly meetings are held for all residents who wish to attend, chaired by resident representative Paul Totman. Residents are able to hear reports from Director Collette, Recreation team, Maintenance Garth and Chef Niccole and have any issues or concerns addressed. In February an information session on residents' rights was presented by Deborah Crane from the Older Person's Advocacy Network.