

Greetings from the DON



Our Hillview House family continues to grow. We have onboarded several new staff, including our new Deputy Director of Nursing, Tony Nghiem. I welcome Tony to the team. I would also like to welcome our new residents and their families. I look forward to working with all of you to ensure that our facility continues to be a safe, supportive and caring environment for our residents. If you have any questions, concerns, or feedback please do not hesitate to reach out to me or any member of our team.

Jennifer Bennett
Director of Nursing.

Activity Highlights

News from our Gentlemen's Club



The gentlemen enjoyed a bar-b-que lunch at the beginning of August and later in the month received a visit from former professional rugby league footballer Brett "Bert" Kenny. Brett, who played in the 1980s and 1990s, was a centre and five-eighth for the Australian national team and New South Wales Blues representative sides, and the Parramatta Eels. Forming a dynamic scrum-base combination with halfback Peter Sterling and lock Ray Price, it was Kenny at five-eighth who was the connection to the Eels' stellar three-quarters Mick Cronin, Steve Ella and Eric Grothe. Brett is

an inductee to the National Rugby League Hall of Fame. Thank you to Brett for taking the time to visit with the residents and sharing with them some wonderful memories of his career.



Gentlemen's Club enjoying a bar-b-que lunch.

NAIDOC Week Theme: For Our Elders

NAIDOC Week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. This year's theme: For Our Elders, recognises that across every generation, our Elders have played, and continue to play, an important role and hold a prominent place in our communities and families.

In recognition of NAIDOC week the First Nations people flag was displayed in the Theatre/Activities Room, along with the beautiful NAIDOC Week posters.

Our Art & Craft group coloured in designs inspired by First Nations people.



Get to know our new Deputy Director of Nursing – Tony Nghiem



Guten Tag, my name is Tony. I was born and raised in Germany and yes, I speak German. My parents have migrated into East Germany from Vietnam to give us kids better opportunities.

I arrived in Australia in 2017 as a backpacker and started my journey working as a farmhand and living with an elderly couple on a sheep farm in Gilgandra, NSW. During this time, I not only learned how to fix fences in scorching heat or to herd sheep on a quad bike but also what it means to have the privilege to help someone vulnerable and how rewarding it is.

I love working with the elderly and am grateful to be able to make a positive difference for Residents living in aged care.



Celebrations



Alison celebrates 103rd birthday

Congratulations to Alison, who celebrated her 103rd birthday with family and residents in August. Due to Covid lockdown restrictions back in 2019, Alison was not able to celebrate her 100th birthday as she would have liked, so this birthday was very special to her at her new home here at Hillview House.

Resident's contribution

From Our Poets Corner...

Our Poet's Corner & Story Time activity is now a regular feature of our monthly calendar, and it has uncovered some real talent among our residents.

We are sure you will enjoy the following original poems from Brian and Rick.



Resident poets Brian Read (left) and Rick Sullivan

The Lamentable Tale of Fred the Fearless Foreman

by Brian Read

I arrived at the builder's yard, one fine warm summers day.
Found Fred the Fearless Foreman having his usual prolonged say.
He paused and then he said, "Brian, I've just the job for you".
"It's one that 80-year-old Charlie, and you, efficiently can do.
Replace the cast iron stove with tiled surround and hearth.
And while you're there, a Favor please; get rid of Dad's old bath."

We loaded the truck with firebrick-back tools, parts, grate, and fender.

A brand-new fire guard wasn't part of the deal,
And big breakfast caused us to skip the next meal.
We got the job done and cleared the up the site,
Packed up and went home to sleep for the night.

I slept well that night, awoke bright as a button,
Downstairs to the kitchen, ate-up last nights stewed mutton.

Three Esses were next: Shower, Stool and Shave, and to complete the good text,
I lit up a "fag" and filled my tool-bag.

Arrived at yon yard, Fred stormed up to me.
 "Back on your steed, to where the needs be."
 I started to question; Fred snarled the suggestion,
 "Back where you worked last," (...expletives deleted)
 "And get there quick fast!"

Got back on my 'bike', distance too far to hike.
 Sped round the last bend, What a surprise! Not a sight for
 sore eyes.
 Neighbour's agape, at what was taking shape.
 Two fire-trucks outside, hoses extended, 'window-less'
 bay window, disaster did show.
 The whole room was floorless, joists and main bearers a
 wet charcoal mess.
 Whatever went wrong, I must confess, it was easy to see,
 'twas not caused by me.

Fred fired Charles the plumber, 'twas the end of the
 Summer,
 I cleaned up the mess, then proper tradesman employed?
 Fred's profits... much less!

'Twas all about greed, so great was that need,
 To get that old stove replaced, so the new lounge is graced,
 With a warm open fire, to relax and admire.

Injury, death and damage, loss of income, didn't matter.
 So, what's changed today? Refer to the latter.

Poets Note: I hope this is enough to inspire, others to ignite
 their poetical fire!

Brian has submitted his poem for publication in the
 magazine 'This England' – best of luck Brian – we look
 forward seeing your poem in the next edition of the
 magazine!

Why Hillview House

By Richard Sullivan

After most of us have viewed other centres, Hillview
 House is by far the best.
 As you walk towards this Grand Design.
 Oh, what a site.
 A beautiful well-built Sandstone Building, better than the
 rest.
 It has amazing conservation plants and trees surrounding
 the building.
 A path which makes it easy to walk.
 Nowadays we cannot run.
 Around the perimeter you can hear, sounds of children in
 the playground.
 Jennifer Bennett the Director of Nursing does an amazing
 job running the facility. THANK YOU!!

Patrons and guests are always greeted at the front desk by
 our lovely reception ladies.
 Always with a welcoming smile.
 The nursing staff are always attentive to the patrons needs.
 The RAO's provide us with entertainment during the
 week, from Dominos to Movies to Mastermind Games and
 Concerts.
 We have a Low Tide Café and beautiful dining rooms to
 eat our meals.
 The head Chef and other cooks provide us with 3 meals a
 day of choice, the catering staff are always there to serve
 patrons.
 Our home is always kept spotlessly clean, our laundry
 service is daily.
 I have found Hillview House a very comfortable place to
 live other than Home.

Thank you for your kind words Rick – and put so
 poetically!

Special Moments



Gwen just couldn't keep still at 'The Big Bunker Band'
 Concert in July.

Our lovely receptionist Maggie joined her in a dance as the
 band entertained residents with some wonderful old-time
 songs.



At the end of July Bobby K entertained us with a Christmas in July Concert & Sing-along. Pictured above are residents enjoying the show.

Upcoming events

- September 3: Father's Day
- September 25: Bowling Competition Hillview House Vs Tarragal House
- October 3: Concert with Bobby K celebrating Oktoberfest
- October 31: Halloween Happy Hour – Games, Ghosts & Ghouls
- November 7: Melbourne Cup Happy Hour
- November 11: Remembrance Day Service
- November 27: Drumming fun with Drumballa
- November 25: Nearly Vintage Choir Concert

Notices

- We remind you that the Resident & Relative Meetings are held the first Wednesday of the month. Our next meeting is scheduled for September 6, 1:30pm in the theatre room on Level 2.
- Labelling of residents clothing: Clothes and personal items such as lap blankets, can be left at reception during normal office hours (9:00am to 5:00pm). We will see that the items are labelled and returned to the residents' room by the next day.