

FEBRUARY 2024 ACTIVITY CALENDAR - ORAN PARK HOUSE

HEALTH CARE						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO	COUNTRY OF THE MONTH BRAZIL	HELLŌ FEBRUARY! MONTH	10:30 Morning Exercises 11:00 Bingo	10:30 Morning Exercises 11:00 Card Game (Hoy) 11:00 C2BME (Wattle Group)	10:30 Morning Exercises 11:00 Bingo	10:30 Garden Socials and Ball Games
CANCELLATION OR CHANGE		<u>LO</u> VE	14:00 Armchair Travel to Brazil 15:00 One on One	14:00 Happy Hour	14:00 Music Afternoon Your choice on YouTube	14:00 Film / Movie Afternoon Your choice on YouTube
5	6	7	8	9	10	11
10:30 Morning Exercises	10:30 Bus Trip 10:30 Morning Exercises	10:30 Morning Exercises	10:30 Morning Exercises	10:30 Morning Exercises	10:30 Morning Exercises	10:30 Bean Bag Toss
11:00 FOOD MEETING	11:00 Non-Denominational Church Service	11:00 White Board Game	11:00 Bingo	11:00 Holy Communion	11:00 Bingo	11:00 Balloon Tennis
14.00 Bingo 15:00 One on One	14:00 Arts & Craft 15:00 One on One	14:00 Yarning group for interested residents in Level 2 Sing-a-long for others in Banksia		14:00 Happy Hour	14:00 Film / Movie Afternoon Your choice on YouTube	14:00 Music Afternoon Your choice on YouTube
10:30 Morning Exercises	10:30 Bus Trip 10:30 Morning Exercises	10:30 Valentines Day Concert with	10:30 Morning Exercises	10:30 Morning Exercises	10:30 Morning Exercises	10:30 Coffee Social
11.00 Bingo	11:00 Ten Pin Bowling	Shanna	11:00 Bingo	11:00 Card Game (Hoy) 11:00 C2BME (Banksia Group)	N G O	in the Lounge Area
14:00 Pamper & Nail Care 15:00 One on One	14:00 Colouring / Painting 15:00 One on One	14:00 Residents & Relatives Meeting 15:00 One on One	14:00 Ice Cream Trolley 15:00 One on One	14:00 Happy Hour	14:00 Music Afternoon Your choice on YouTube	14:00 Film / Movie Afternoon Your choice on YouTube
19	20		22	23	24	25
10:30 Morning Exercises	10:30 Bus Trip 10:30 Morning Exercises	10:30 Morning Exercises	10:30 Morning Exercises	10:30 Morning Exercises	10:30 Morning Exercises	10:30 Ten Pin Bowling
11.00 Bingo	11:00 Bean Bag Toss	11:00 White Board Game	11:00 Bingo	11:00 Ten Pin Bowling	11:00 Bingo	11:00 Balloon Tennis
14:00 Trivia & Quiz	14:00 Meditation Session	14:00 Yarning group for interested residents in Level 2	14:00 Arts & Craft	14:00 Happy Hour Birthday of the	14:00 Film / Movie Afternoon	14:00 Music Afternoon
15:00 One on One	15:00 One on One	Sing-a-long for others in Banksia		Month Celebration	Your choice on YouTube	Your choice on YouTube
10:30 Morning Exercises 11.00 Bingo	10:30 Bus Trip 10:30 Morning Exercises 11:00 Balloon Tennis	10:30 Entertainment with Clifford	10:30 Morning Exercises 11:00 Bingo	Being Deeply Loved By S Gives You Strength While Loving Someone Gives You Courage	Deeply Use Sunscreens &	
14:00 Pamper & Nail Care	14:00 Colouring / Painting	14:00 Activity Planning Meeting	14:00 Ice Cream Trolley		Keep curtains closed till noon to avoid direct heat	Stay in cool & shade
15:00 One on One	15:00 One on One	15:00 One on One	15:00 One on One	7 7	Drink plenty of liquids to	Wear loose fitting & light clothes