

Greetings from the DON

Greetings from Michelle

Happy New Year to everyone, I hope your 2024 is off to a fantastic start so far. It's hard to believe it's almost February.

Looking back to late last year, we saw some truly incredible artwork such as the Christmas tree succulent making which was enjoyed by all. A lot of these succulent trees were made and shown off by the residents and staff. They are a fantastic idea and looked amazing.

We introduced a ballroom dancing session with Charles and Candy, which was a great hit and I have requested that this be a regular occurrence throughout the year. We also celebrated Grandparents Day, the Melbourne Cup and of course who can forget? The interhouse Carpet Bowls championship with Dural House vs Wahroonga House – we still have the trophy in the café after coming away as the champions.

Very soon, we will be commencing a Consumer Advisory Body for Dural House which Ralph (Admin) is currently arranging. Just recently correspondence was sent out inviting residents and relatives to express their interest in joining this group. Ralph is available to answer all of your questions surrounding this group, meeting dates etc are to be advised.

The new summer menu is due for release January 24th so keep an eye out for this!

We have placed a Dural House Pet Board opposite the fish tank on ground floor, please stop by and admire all the photos already in place and feel free to add some of your own if you wish to do so.

Looking forward to another fun year at Dural House.

Michelle

Activity Highlights

Inter-Home Carpet Bowls Competition

On the 9th of October Dural house went head-to-head against Wahroonga house to battle for the title of Inter-Home Carpet Bowls Champion. The event gathered a crowd of residents and staff who cheered on the competitors as their months of practice, precision and skill was put to the test. In a nail biting final, Dural house saw victory winning 2 out of 3 games. Following the competition, residents of both houses enjoyed and shared in high tea at the Dural house café. A great time was had by all! Residents speak fondly of this day and very much look forward to a Round 2!



Ballroom Dancing

Residents were treated to a special performance by ballroom dancers Charles and Candy on the 27th November. Residents put on their dancing shoes and joined in on the fun as they were selected one at a time to be dance partners with Charles and Candy. It was thrilling to see the lounge room of Dural house come alive with dance!



Celebrations

Melbourne Cup

Fascinators on and off to the races for the residents of Dural house! The Melbourne Cup brought some lady luck to some of our residents as they participated in sweeps and attended a live screening of the race in our Cinema room. Residents cheered on their horses and then enjoyed an afternoon of high tea.



Grandparents Day

On the 30 October residents were serenaded by Westmead Baptist church performers for Grandparents Day. Residents enjoyed sipping on wine, beer and eating some sweet treats whilst singing along to great hits such as Sweet Caroline, Unchained Melody and Lets Twist!

Christmas

Getting into the Christmas spirit, some of our creative residents participated in our Succulent Christmas Tree workshop. These beautiful trees made perfect gifts for loved ones or even as a beautiful display in the residents room.



On the 15th December Residents enjoyed a special Christmas lunch. Feasting on a delicious roast and popping bon bons together, spirits were high as they celebrated an early Christmas together.



Upcoming events

New Year Eve- 31st December

New Summer Menu- 24th January

Australia Day BBQ- 26th January

Valentines Day- 14th February

St Patricks Day- 17th March

Easter Sunday- 31st March

Notices

- Please read and become familiar with the THC Visitors Code of Conduct
- Hornsby Home Library Service will visit Dural on Feb 1, Feb 29, and March 28