


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
			10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery Making 11:00 Musical Exercises 2:00 Carpet Bowls 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 11:00 Pet Therapy "Leo" 11:00 Hand & Foot Spa 11:00 Scrabble @ Lounge Area 1:30 Bus Trip with LG2 2:00 Live Concert and Happy Hour w/ Dion Palumbo 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls for G 2:00 Carpet Bowls for LG1,L1 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Knit & Purl 2:30 Movie @ Cinema
5	6	7	8	9	10	11
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Quoits @ L1 1:30 Bus Trip with LG2 1:30 Art Therapy 2:00 B I N G O 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery Making 11:00 Yoga Class 11:00 Carpet Bowls for G 2:00 Carpet Bowls for LG1,L1 2:00 Chips & Juices for LG2 2:30 Movie @ Cinema	10:30-2:00 Picnic Bus G 10:30 Church Service 11:00 Hand & Foot Spa 11:00 Musical Exercises 2:00 B I N G O 2:30 Ice Cream Trolley @ LG1 2:30 Movie @ Cinema 2:30 Pet Therapy	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery Making 11:00 Musical Exercises 2:30 Residents' and Hospitality Meeting 2:00 Quoits for LG2 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 11:00 Hand & Foot Spa 11:00 Scrabble @ Lounge Area 1:30 Bus Trip with LG2 2:00 Live Concert and Happy Hour w/ Dion Palumbo 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls for G 2:00 Carpet Bowls for LG1,L1 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Knit & Purl 2:30 Movie @ Cinema
12	13	<i>Valentine's Day</i> 14	15	16	17	18
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Bus Trip with LG2 1:30 Craft Making 2:00 B I N G O 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery Making 11:00 Yoga Class 11:00 Carpet Bowls for G 2:00 Carpet Bowls for LG1,L1 2:00 Quoits for LG2 2:30 Movie @ Cinema	10:30-2:00 Picnic Bus LG2 10:30 Church Service 11:00 Musical Exercises 2:00 Valentine's Day Concert w/ Dion Palumbo 2:30 Movie @ Cinema 	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery Making 11:00 Musical Exercises 2:00 Carpet Bowls 2:00 Chips & Juices for LG2 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 11:00 Hand & Foot Spa 11:00 Scrabble @ Lounge Area 1:30 Bus Trip with LG2 2:00 Live Concert and Happy Hour w/ Ros and Ron 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls for G 2:00 Carpet Bowls for LG1,L1 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Knit & Purl 2:30 Movie @ Cinema
19	20	21	22	23	24	25
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Quoits @ L1 1:30 Bus Trip with LG2 1:30 Art Therapy 2:00 B I N G O 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery Making 11:00 Yoga Class 11:00 Carpet Bowls for G 2:00 Carpet Bowls for LG1,L1 2:00 Chips & Juices for LG2 2:30 Movie @ Cinema	10:30-2:00 Picnic Bus L1 10:30 Church Service 11:00 Hand & Foot Spa 11:00 Musical Exercises 2:00 B I N G O 2:30 Ice Cream Trolley @ L1 2:30 Movie @ Cinema 2:30 Pet Therapy	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery Making 11:00 Musical Exercises 2:00 Carpet Bowls 2:00 Quoits for LG2 2:30 Movie @ Cinema	10:00 Bus Trip with G Floor 11:00 Hand & Foot Spa 11:00 Scrabble @ Lounge Area 1:30 Bus Trip with LG2 2:00 Live Concert and Happy Hour w/ Harry Court 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls for G 2:00 Carpet Bowls for LG1,L1 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Knit & Purl 2:30 Movie @ Cinema
26	27	28		EXTRA ACTIVITIES:		
10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Pet Therapy "Pippa" 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery Making 11:00 Yoga Class 11:00 Carpet Bowls for G 2:00 Carpet Bowls for LG1,L1 2:00 Quoits for LG2 2:30 Movie @ Cinema	10:30-2:00 Picnic Bus LG1 10:30 Church Service 11:00 Hand & Foot Spa 11:00 Musical Exercises 2:00 B I N G O 2:30 Ice Cream Trolley @ G 2:30 Movie @ Cinema 2:30 Pet Therapy		GYM Sessions : by appointment Massage Therapy : by appointment Walk and Talk : by appointment Hornsby Library Visit : 04 Jan Residents' Meeting : Monthly Pain Clinic - Wed & Fri @ 1PM in the Cinema : by appointment		



**DUE TO
UNFORESEEN
CIRCUMSTANCES
SOME ACTIVITIES
MAYBE SUBJECT TO
CANCELLATION
OR CHANGE**