| THOMPSON HEALTH CARE | JA | NUARY 2024 | | ALENDAR - | TERREY | IILLS |
|---|--|---|--|---|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 11.15am Exercise class 2.00 pm Walking Group 2.00 pm Trivia with June | 1 11.00 am Committee 11.15am Exercise class 2.00 pm Social Art 2.00 pm Carpet Bowls | 2 3 11.15am Exercise class 2.00pm Carpet Bowls 2:00 pm Board Games | 4 11:15am Exercise Class 2:00 pm Bingo 2.00pm Mobile library | 5 11.00am Exercise with Anne & Meditation 2.00pm Rosary 2.30pm Entertainment | 11.15 am Musical DVD 2.00 pm Knit & Purl 2.00 pm Bowls | 5 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass |
| 11.15am Exercise class 2.00pm Light & Bright 2.00 pm Walking Group | 8 11.15am Exercise class 2.00 pm Art Class 2.00 pm Bingo B I N C C D 1 27 33 48 75 8 19 45 56 61 3 18 77 46 65 | 9 10 11.15am Exercise class 2.00pm Carpet Bowls 2.00pm Newcomers Tea | 11 11.15am Musical DVD 2.00pm Craft 2:00 pm Bingo | 12 11.00am Exercise with Anne & Meditation 2.00pm Choir Practice 2.30pm Entertainment | 1: 11.15 am Musical DVD 2.00 pm Craft 2.00 pm Bowls | 3 14 11.00 am Volunteers for Communion 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass |
| a 11.15am Exercise class 2.00pm Light & Bright 2.00 pm Walking Group | 15 11.15am Exercise class 2.00 pm Bingo 2.00 pm Social Art | 16 17 11.00 am Volunteers for Communion 11.15am Exercise class 2.00pm Carpet Bowls 2:00 pm Board Games | 18 11:15am Exercise Class 2:00 pm Bingo 2.00pm Mobile library | 19 11.00am Exercise with Anne & Meditation 2.00pm Rosary 2.30pm Entertainment | 20 11.15 am Musical DVD 2.00 pm Knit & Purl 2.00 pm Bowls | D 2' 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass |
| 11.15am Exercise class 2.00pm Light & Bright 2.00 pm Walking Group | 22 11.15am Exercise class 2.00 pm Art Class 2.00 pm Bingo | 23 24 11.00 am Volunteers for Communion 11.15am Exercise class 2.00pm Bowls 2.00pm Movie/Ice-cream Run | 25 11.15am Exercise class 2:00 pm Bingo 2.00pm Craft | 26 11.00am Exercise with Anne & Meditation 2.00pm Choir Practice 2.30pm Australia Day Games | 2 11.15 am Musical DVD 2.00 pm Craft 2.00 pm Bowls | 7 28 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass |
| 11.15am Exercise class 2.00pm Quiz 200pm Walking Group | 29 11.15am Exercise class 2.00pm Social Art 2.00pm Bingo BINCO 1 27 33 48 75 8 19 45 56 61 3 18 49 65 15 26 41 53 66 | 30 31 11.15am Exercise class 2.00pm Carpet Bowls 2.00pm Pancakes 2.00pm Movie | | | | Extra Activities' Room Visits Mon - Sun Bus Trips -Tues & Thurs Happy Hour - Fridays 3 pm Hair Dresser Wed - Thurs Andre Rieu DVD Channel 511 Mon - Fri 4pm *Subject to change at any |

| | A | 8 | 6 | D | 1 | a. | G |
|---|---|---------------|---|---|---|----|------|
| П | | 2 21 37 46 65 | | | | | time |
| B | | | | | | | |