



JANUARY 2024 ACTIVITY CALENDAR - ORAN PARK HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 NEW YEARS DAY 10:30 Morning Exercises 11:00 FOOD MEETING 14:00 Bingo 15:00 One on One	2 10:30 Bus Trip 10:30 Morning Exercises 11:00 Bean Bag Toss 14:00 Flower Arranging 15:00 One on One	3 10:30 Morning Exercises 11:00 White Board Games 14:00 Arm Chair Travel to Australia 15:00 One on One	4 10:30 Morning Exercises 11:00 Bingo 14:00 Trivia & Quiz 15:00 One on One	5 10:30 Morning Exercises 11:00 Card Game - Hoy 14:00 Happy Hour	6 10:30 Morning Exercises 11:00 Bingo 14:00 Music Afternoon Your choice on YouTube	7 10:30 Garden Socials and Ball Games 14:00 Film / Movie Afternoon Your choice on YouTube
8 10:30 Elvis Presley's Birthday Music via YouTube 11:00 Bingo 14:00 Arts & Craft 15:00 One on One	9 10:30 Bus Trip 10:30 Morning Exercises 11:00 Balloon Tennis 14:00 Pamper & Nail Care 15:00 One on One	10 10:30 Entertainment with Honey Sippers 14:00 Yarning group for interested residents in Level 2 and Sing-a-long for others in Banksia	11 10:30 Morning Exercises 11:00 Bingo 14:00 Colouring / Painting 15:00 One on One	12 10:30 Morning Exercises 11:00 White Board Game 14:00 Happy Hour	13 10:30 Morning Exercises 11:00 Bingo 14:00 Film Afternoon Your choice on YouTube	14 10:30 Bean Bag Toss 11:00 Balloon Tennis 14:00 Film / Movie Afternoon Your choice on YouTube
15 10:30 Morning Exercises 11:00 Bingo 14:00 Meditation Session 15:00 One on One	16 10:30 Bus Trip 10:30 Morning Exercises 11:00 Ten Pin Bowling 14:00 Flower Arranging 15:00 One on One	17 10:30 Morning Exercises 11:00 White Board Game 14:00 Film & Documentary 15:00 One on One	18 10:30 Morning Exercises 11:00 Bingo 14:00 Ice Cream Trolley 15:00 One on One	19 10:30 Morning Exercises 11:00 Catholic Mass and Holy Communion 14:00 Happy Hour	20 10:30 Morning Exercises 11:00 Bingo 14:00 Music Afternoon Your choice on YouTube	21 10:30 Coffee Social in the Lounge Area 14:00 Film / Movie Afternoon Your choice on YouTube
22 10:30 Morning Exercises 11:00 Bingo 14:00 Arts & Craft 15:00 One on One	23 10:30 Bus Trip 10:30 Morning Exercises 11:00 Bean Bag Toss 14:00 Pamper & Nail Care 15:00 One on One	24 10:30 Entertainment with Clifford 14:00 Yarning group for interested residents in Level 2 and Sing-a-long for others in Banksia	25 10:30 Morning Exercises 11:00 White Board Game 14:00 Happy Hour Australia Day & Birthday of the Month Celebration	26 AUSTRALIA DAY 10:30 Morning Exercises 11:00 Ten Pin Bowling 14:00 Film & Documentary	27 10:30 Morning Exercises 11:00 Bingo 14:00 Film Afternoon Your choice on YouTube	28 10:30 Ten Pin Bowling 11:00 Balloon Tennis 14:00 Film / Movie Afternoon Your choice on YouTube
29 10:30 Morning Exercises 11:00 Bingo 14:00 Meditation Session 15:00 One on One	30 10:30 Bus Trip 10:30 Morning Exercises 11:00 Balloon Tennis 14:00 Ice Cream Trolley 15:00 One on One	31 10:30 Morning Exercises 11:00 White Board Game 14:00 Film & Documentary 15:00 One on One	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE		Happy New Year 2024 A New Year is like a blank book, and the pen is in your hands. It is your chance to write a beautiful story for yourself. Happy New Year.	