

SUMMER 2023 NEWSLETTER

BOWRAL House

Greetings from the DON

To all families and friends of Bowral House

Wishing everyone a Happy and Safe Christmas and all the best wishes for 2024.

We would like to take this opportunity to thank all our families and visitors for their ongoing support and understanding of our Covid Safe Practices.

It has been a challenging year, and we are thankful to our wonderful and supportive staff, residents, and families of Bowral House as we continue to navigate the challenging Covid safe environment in Aged Care.

The residents had a wonderful Christmas Party and concert on the Thursday the 8th of December, and everyone was thrilled to have a visit from Santa (aka Garth in dress up).

We continue to have regular visits from the Aged Care Quality and Safety Commission to review our Infection Control Compliance, which is standard practice in Aged Care and our most recent review was the 8th of December and we continue to comply with all the standards. We are looking forward to welcoming 2024 and catching up with all our families in the New Year. Stay Safe and Best wishes.

Collette and Joanne

Bowral House

Activity Highlights

Remembrance Day



A minute's silence was observed and dedicated to those soldiers who died fighting to protect the nation. John Cummins, President of the RSL, conducted a special and residents proudly laid wreaths to honour the fallen.

Melbourne Cup Day



Chef Nicc and her staff prepared a special luncheon served with Champagne then residents watched the Cup. Everyone had a ticket in the sweeps. Residents have been given tours of the kitchen with Nicc recently.

Pet Visits

We have been delighted by friendly pet visitors.

Piccolo Pony



Hatching chicks program Bob's trained parrots





Maryanne and Ewan McGregor





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Entertainment

Residents have enjoyed concerts with entertainer David Newman and Stan our regular Birthday party entertainer. An afternoon of music with Tom playing harp and piano was very popular. Also Susan and Judith played the piano then surprised us with christmas schnauzers doing tricks.



Guest speaker

SURPRISING IRELAND - DEEPER HOME: An audiovisual presentation by Peter Kearney was interesting and brought back memories for many.

Celebrations

Congratulations to Gwen Willats and Grace on their 103rd birthdays, Ivy who celebrated her 104th birthday and to Domitilla who will celebrate her 106th birthday in the new year.

Happy Father's Day

All residents received chocolates on Father's day.



Resident's contribution



Gwen

Each week resident, Margrett brightens common areas and resident rooms with vases of fresh flowers she picks from the garden. Residents also receive a bouquet made by Margrett on their birthday. Margrett has a flair for floral arrangement and her work is greatly appreciated by all.

Special Moments

Christmas Lunch











A traditional Christmas Lunch was followed by entertainment with Dave Newman guitar and vocals.

We hope you have enjoyed this selection of photos; all residents received a printed copy of their personal photo portfolio and a copy will be emailed to their family.

From all of us at Bowral House we wish you a very Merry Christmas and a happy New Year

We hope everyone has a safe time over the festive season and look forward to seeing you in 2024.