

SUMMER NEWSLETTER 2023

TURRAMURRA HOUSE

GREETINGS FROM THE DON

We have officially entered our Festive Season as our corridors fill up with all things Christmas. What an amazing time of year as you may notice we love a good decoration or two!

I would like to welcome all our new Residents and their families who have joined us at Turramurra House I Hope they soon feel part of the Turramurra Family

Another year has almost passed, it has been difficult at times for everyone especially with covid outbreaks and restrictions.

This is my opportunity to thank you for all your support and understanding. I am very humbled by all our residents and family support.

“Alone we can do so little; together we can do so much”

Please feel welcome to provide your feedback or a suggestion by phone, email or in person when you visit. Feedback drives change and improvement, something we are proud of and encourage at Turramurra House.

Finally, I would like to wish everyone a very Merry Christmas and a very happy healthy year to follow.



Activity highlights

CHRISTMAS TIME

It's beginning to look like Christmas....

The decorations are up, resident have enjoyed singing Christmas carols, writing Christmas cards, decorating gingerbread cookies.

The residents Christmas party is on Monday the 18th December starting at 1.30pm. This includes a Christmas a high tea, a concert, and a visit from Santa.

We will be doing a Christmas light bus trip which is a Davidson, this is a spectacular Christmas light show

Numerous concerts are also scheduled over the next few months.

CHRISTMAS DAY

We will be having a traditional Christmas lunch with all the trimmings for residents that do not go out for the day.

We have organised a Christmas present for every resident for Christmas morning, so everyone has a present to open New Year's Eve celebration there will be piano concert with songs, drinks and nibble.



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REMEMBRANCE DAY- LEST WE FORGET



Also known as Poppy Day (owing to the tradition of wearing a remembrance poppy) is a Memorial Day observed in Commonwealth member states since the end of the First World War to honour armed forces members who have died in the line of duty.

We had a Remembrance Day morning tea where we reflected and watched the service on tv. All residents and staff wear the Poppy which made by residents themselves.



BUS TRIPS

Residents continue to enjoy bus trips to lovely locations, Manly, Palm Beach, Brooklyn to name a few, this day we had lovely four-legged guest: **Zoe**. She provides an endless amount of love and emotional support during bus ride. She provide an outlet for fun and play, while bringing lots of laughter and levity into the bus to keep all resident in the present moment.



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TARONGA MOBILE ZOO

TARONGA MOBILE ZOO offers our resident the opportunity to meet, learn about and interact with native wildlife. During our workshop, a Taronga Educator was bring a range of Australian animals to us to facilitate close encounters with their incredible creatures.

Residents and staff enjoyed seeing and patting all the animals that came to Turramurra house, and listening to informative talk.

The turtle was most popular on the day.



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LEMON COOKIES

You will adore these lovely Lemon Cookies. With crispy edges and a buttery centre, these Easy Lemon Cookies are sure to become a firm family favourite.

Soft and chewy and bursting with lemon flavour, they are a true delight.

This recipe begins as most cookies do, with butter and sugar. Then there's egg, flour, and baking soda. Then comes a flavour hit, thanks to freshly squeezed lemon juice and freshly grated lemon zest. Hello lemony goodness!

We made some unbelievably delicious cookies they were eaten very quickly, we made three trays,

Very easy to make, but very yummy, we will make these cookies again.

