

Greetings from DON!

Greetings from Oran Park House! We would like to welcome our new residents, families and staffs who have joined us recently. I would like to thank you for entrusting the care of yourself/your loved ones with our team.

We have an open-door policy. Please feel free to reach out to us if you have any concerns or would like to have a chat. You can always complete the feedback/suggestion form that is available in reception, banksia activity room or level 2 nursing station. You can email the form to DON or use our feedback scanner code from one of your mobile devices to log any complaint, feedback, suggestions, or compliments.

As the COVID 19 risk remains moderate in community, we request all the families and staff to take precautions and follow OPH visit guidelines to minimize the risk of exposure to our residents at OPH.

As summer is approaching with risk of heat wave, we highly request families to ensure resident have light summer wear clothes. We also encourage you to bring hats, sunglasses for residents for resident outings activities. At OPH we supply sunscreen, however if resident prefers to use their own specific brand, please feel free to bring the sunscreen lotion to your loved ones.

With the increase in unlabelled clothes in Laundry we are requesting residents and families to reach out to staff if they have any missing clothes, so that our team can assist you with locating missing clothes.

We would also like to extend our sincere appreciation and gratitude to all our residents, families, and staff for their ongoing support at OPH.

Activity Highlights

Activity 1

Bus Trip

Our residents continue to find joy in embarking on bus trips, relishing scenic views and shared moments picnicking at The Botanical gardens, the Nepean River, and many scenic drives. These outings foster social connection and a sense of adventure, enhancing their overall wellbeing.



Activity 2

Father's Day Celebrations Residents made Father's Day cards whilst reminiscing about their fathers in preparation of the upcoming Father's Day. Staff fully decorated the café and held a gentleman only function. They enjoyed savoury delights, fruit platters and cupcakes along with their beer wine and other beverages. We had old time music playing Father's Day quiz, trivia and

poems read. The men bonded spending the afternoon together celebrating.



Activity 3

Knitting Yarning Group

The knitting yarning group has been a real hit. The ladies love to come together and chat, knit, crochet, and share a cuppa. They came up with a brilliant idea to knit poppies to use for the upcoming Remembrance Day. They worked tirelessly and made 120 beautiful poppies for each resident to wear on the special day.



Activity 4

Halloween

There was a party atmosphere for Halloween staff dressed up and residents joined in some fun spooky games with prizes and competitions. They sang and danced to the Halloween film clips and some old-time classics. We tested their knowledge with Halloween quizzes, and they shared food and refreshments together the room was full of laughter.



Activity 5

Octoberfest Happy Hour

Residents attended the happy hour celebrating Oktoberfest with German music playing along with Oktoberfest trivia fun facts and a German quiz. Residents enjoyed delightful treats of German sausage on a skewer German Pizza and fruit platter. Along with refreshments and wine and beer served. Residents commented what a wonderful time they had together.



Melbourne Cup Day

Residents enjoyed a fun afternoon of festivities they had delicious canapes served along with their beverages and endless reminiscing together of past Melbourne cups. They smashed the Melbourne Cup quizzes. There were many compliments of what a great afternoon they had watching the race that stops a nation. There were prizes and certificates for places and the best dressed lady and gentleman.



Grandparents Day

We celebrated Grandparents Day with a Happy Hour. They had tempura fish cocktail with mango salsa, assorted cakes and fruit salad and chips along with

alcoholic beverages and refreshments. They participated in a grandparent's quiz listened to 8-year old's definition of a grandparent and had music requests and sing along. Residents had a fabulous time.



Remembrance Day

Resident gathered for a touching Remembrance Day service, surrounded by beautiful poppies and poster decorations. Handmade knitted poppies, crafted by our skilled knitting group, adorned everyone's chest. The service, appreciated by all, Residents paid respects, emphasizing the day's importance. Coming together fostered a sense of community, and gratitude was extended to the knitters for their hard work in crafting the poppies. In honouring Remembrance Day, the community found comfort and strength in coming together as one.



World Food Day

We had a cooking demonstration making an old party favourite chocolate crackle. Reminiscing and discussing favourite recipes and sharing knowledge about the different cultural dishes.



Our Residents Love to Dance



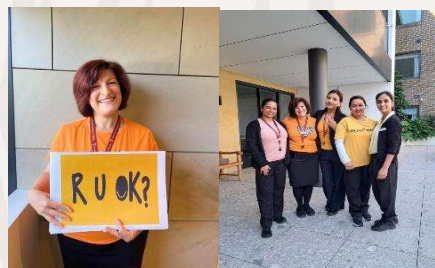
Art and Craft Activities



- February 14th - Valentine's Day
- February 17th - Random Act of Kindness Day

RU OK Day

R U OK Day was held in September it was a reminder to everyone to check on their fellow workers and friends



Upcoming events:

- December 5th - International Volunteers Day
- December 8th - Resident Christmas Party
(Request to all visitors to reconsider visit this day as resident will be having fun Christmas party at OPH)
- December 25th - Christmas Day
- December 31st - New Years Eve
- January 1st - New Year's Day
- January 26th Australia Day

Dussehra/Diwali Festival

Staff celebrated Dussehra, also known as Vijayadashami, is a Hindu festival celebrated in Nepal and India to mark the victory of good over evil. Staff celebrated Diwali Festival which symbolises the spiritual victory of light over darkness and good over evil and knowledge over



ignorance.



Aged Care Employee Day

The Aged Care Employee Day, is celebrated every 7th of August in Australia, is a day dedicated to recognising and appreciating the hard work of these invaluable individuals.

At OPH we organized special staff BBQ to thank staff for their ongoing hard work, support, and continuous dedication towards resident's care at OPH.

