




DECEMBER 2023 ACTIVITY CALENDAR - ORAN PARK HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>	<p>Country of the Month Spain</p> 			<p>10:30 Morning Exercises</p> <p>11:00 Card Game - Hoy</p> <p>14:00 Happy Hour</p> <p>15:00 One on One</p> 	<p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Music Afternoon Your choice on YouTube</p> 	<p>10:30 Garden Socials and Ball Games</p> <p>14:00 Film / Movie Afternoon Your choice on YouTube</p> 
<p>4</p> <p>10:30 Morning Exercises</p> <p>11:00 FOOD MEETING</p> <p>14:00 Bingo</p> <p>15:00 One on One</p> 	<p>5</p> <p>10:30 Bus Trip</p> <p>10:30 Non-Denominational Church Service</p> <p>14:00 Arm Chair Travel to Spain</p> <p>15:00 One on One</p>	<p>6</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Film / Movie Afternoon</p> <p>15:00 One on One</p> 	<p>7</p> <p>No Activity for the day. Preparation for Residents' Christmas Party.</p> 	<p>8</p> <p>Residents' Christmas Party. Come and join us for Christmas Fun and Entertainment with RON.</p> 	<p>9</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Film / Movie Afternoon Your choice on YouTube</p> 	<p>10</p> <p>10:30 Bean Bag Toss</p> <p>11:00 Flower Arranging</p> <p>14:00 Music Afternoon Your choice on YouTube</p>
<p>11</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Quiz / Trivia Afternoon</p> <p>15:00 One on One</p> 	<p>12</p> <p>10:30 Bus Trip</p> <p>10:30 Non-Denominational Church Service</p> <p>14:00 Pamper & Nail Care</p> <p>15:00 One on One</p>	<p>13</p> <p>10:30 Morning Exercises</p> <p>11:00 Christmas Carol Sing-a-long</p> <p>14:00 Yarning group for interested residents in Level 2 and Sing-a-long for others in Banksia</p>	<p>14</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Colouring / Painting</p> <p>15:00 One on One</p> 	<p>15</p> <p>10:30 Morning Exercises</p> <p>11:00 White Board Games</p> <p>14:00 Happy Hour</p> <p>15:00 One on One</p> 	<p>16</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Music Afternoon Your choice on YouTube</p> 	<p>17</p> <p>10:30 Coffee Social in the Café Area</p> <p>14:00 Film / Movie Afternoon Your choice on YouTube</p> 
<p>18</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Meditation Session</p> <p>15:00 One on One</p> 	<p>19</p> <p>10:30 Bus Trip</p> <p>10:30 Entertainment with Murray</p> <p>14:00 Arts & Craft</p> <p>15:00 One on One</p> 	<p>20</p> <p>10:30 Morning Exercises</p> <p>11:00 Christmas Carol Sing-a-long</p> <p>14:00 Film / Movie Afternoon</p> <p>15:00 One on One</p>	<p>21</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Ice Cream Trolley</p> <p>15:00 One on One</p> 	<p>22</p> <p>10:30 Morning Exercises</p> <p>11:00 Catholic Rosary</p> <p>14:00 Happy Hour Birthday of the Month Celebration</p> 	<p>23</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Film / Movie Afternoon Your choice on YouTube</p> 	<p>24</p> <p>10:30 Balloon Tennis</p> <p>11:00 Flower Arranging</p> <p>14:00 Music Afternoon Your choice on YouTube</p>
<p>25</p>  <p>Public Holiday</p>	<p>26</p>  <p>Public Holiday</p>	<p>27</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Yarning group for interested residents in Level 2 and Sing-a-long for others in Banksia</p> 	<p>28</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Pamper & Nail Care</p> <p>15:00 One on One</p> 	<p>29</p> <p>OPH Staff Picnic Day</p>  <p>No Activity for the day</p>	<p>30</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Music Afternoon Your choice on YouTube</p> 	<p>31</p> <p>10:30 Garden Socials and Ball Games</p> <p>14:00 Film / Movie Afternoon Your choice on YouTube</p> 